

# ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

Volume 38 / Number 4

Victorian Rogaining Association Inc. A547  
ABN 66 307 914 547  
vra.rogaine.asn.au

June 2014

## THE WINTER SOLSTICE 2 X 6HR ROGAINES SATURDAY 21st or SUNDAY 22nd June 2014 10.00am Start to 4pm VICTORIAN SCHOOLS & SCOUTS CHAMPS SUNDAY 22nd June 2014 10:30am Start to 3:30pm

### The Winter Solstice 2 x 6 hour Rogaine

On the shortest day of the year Linton will be bursting at the seams for the Winter Solstice as up to 500 Rogaine enthusiasts descend upon this town of 355 people.

Dawdlers be warned, time is of the essence with this Rogaine as the sun will set earlier than any other day of the year. If your compass fails just follow the smell of those delicious cheese toasties and sausages back to the Hash House by sundown!

Fortunately we're not the first people to have wandered around the hills of Linton in search of something. In 1855 gold was discovered at the Emu Hill pastoral run, leading to hundreds of prospectors arriving within a matter of months.

But the history of Linton stretches back much further than the gold rush. This land was inhabited by the Carninje balug clan of the Wathawurrung tribe for more than 30,000 years before the arrival of European settlement in 1840.

This is a 2 x 6 hour rogaine with public events on both days and the schools' event on the Sunday, where we welcome the students and scouts for the Victorian Schools and Scouts Championships.

Similar to the last event held in Linton in 2009, the

Linton Primary school has generously allowed us to set up camp within the school grounds. In the 5 years since the last event, there may have been a few changes to the scenery particularly with the plantation providing an ever-changing landscape for us to explore.

This is a great course for the beginners to the sport, and with the course set to accommodate the schools and scouts event there is sure to be some quick times and a chance to get some high scores. But it won't all be easy. Linton does have its fair share of hilly terrain with up to 324m of elevation to the highest peak of around 513m above sea level, it'll be sure to get your heart pumping.

We look forward to seeing you at the event. Be sure to rope in some friends as this will be a great introductory course and a fantastic way to see the sights of country Victoria.



Event results are posted on the VRA web site,  
<http://vra.rogaine.asn.au/>, within two or three days of an event





# VRA Committee

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Incorporated A547  
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# Event Calendar 2014

## Victorian Events

EVENT	DATE	LOCATION
2 x 6 hr + Schools Champs	Sat 21st & Sun 22nd June	Linton
8 hr	Sat 19th July	CANCELLED
Metro Cyclogaine	Sun 17th August	Phillip Island
6 hr or 8 hr	Sat 13th September	Spring Hill
24hr Aus Champs	Sat 11th & Sun 12th October	Castlemaine area
8 hr	Sat 15th November	Maybe Wangaratta area

### The Australasian Rogaining Championships -

Hosted by Victoria 11th & 12th October 2014

The location has been selected with great Hash House facilities including showers and some accommodation. The exact location will not be announced until much closer to the date. Victoria has set out to plan a course in one of the state's best locations. Not too steep and not too flat.

Very open vegetation and close to Melbourne to enable interstate Rogainers to comfortably be home Sunday night.

For Victorians we will need additional volunteers than a normal 24hr rogaine. We'll have many more entrants.

No need to miss out on a 24hr Rogaine. We have the Victorian Champs 24hr in May.

### World Rogaining Championships -

The 2014 World Rogaining Championships will be held in South Dakota USA 16th and 7th August. As usual there will be Victorian Rogainers there to compete. Details at: <http://www.rogaining.com/>

The **17th Setanta Rogaine Ireland** will take place on the weekend of June 28th/29th, 2014. It takes place in the "garden of Ireland" Co. Wicklow. Entries are now open. To enter visit <http://setantaorienteers.org/rogaine>

### First 24 hr Rogaine in the United Kingdom -

The first 24-Hr (almost) rogaine to be held in the United Kingdom of Great Britain and Northern Ireland - 2 & 3 August 2014. Details at: <http://www.marmot24.com/>

### Committee meeting

Date	Time	Location
Thur 12 June	7:30 pm sharp	Lions Club Hall
Thur 10 July		South East Corner of Riversdale Road and Station Street Box Hill South

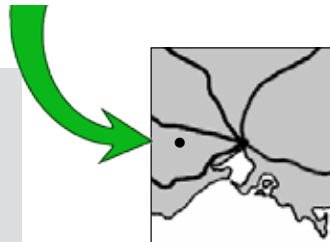
Newsletter copy deadline - Wednesday 15 July 2014



## Next Event

### THE WINTER SOLSTICE 2 X 6HR ROGAINES SATURDAY 21st or SUNDAY 22nd June 2014 10.00am Start to 4pm VICTORIAN SCHOOLS & SCOUTS CHAMPS SUNDAY 22nd June 2014 10:30am Start to 3:30pm

The July 8hr Rogaine has had to be cancelled.  
Our upcoming event is August and Next Newsletter will be August



#### Event Entry Details Date & Time

Saturday 6hr Rogaine  
21 June 2014  
10am to 4pm

Or

Sunday 6hr Rogaine  
22 June 2014  
10am to 4pm

Please Enter Online  
Go to the VRA Home Page  
<http://vra.rogaine.asn.au>  
Click on Online Entry

Postal Entries  
(If Online Entry not possible)

Saturday Rogaine  
39 Sir Garnet Road  
Surrey Hills Vic 3127

Or

Sunday Rogaine  
39 Sir Garnet Road  
Surrey Hills Vic 3127

Late Entry Date  
Wednesday 11 June 2014

Additional \$10 per adult if posted after  
this date

Entry Fees  
24hr & Roving 15hr  
Adult .....\$30  
Junior.....\$20

(Juniors free if in the same team as an  
adult)

No Membership Fee Applicable to any  
members.

#### Location

Linton Area – South of Ballarat, approx.  
150km west of Melbourne and around  
2hours drive from the Melbourne CBD.

#### Course

Located in State Forest and Pine Forest  
that is ideal for beginners. Around  
Linton there are old mining areas and  
these add interest to the course. Being  
set up for the Schools event expect  
good scoring potential close in

#### Map

The A3 map will be at a scale of  
1:25000 with 10 metre contours.  
Grid line aligned to magnetic north.

#### Accommodation

Camping at the Hash House to be  
confirmed. There will be limited  
camping at the HH for volunteers.  
Lots of accommodation is available in  
Ballarat and some maybe available in  
the small towns nearby.

#### Course Enquiries

Owen Wade 0412 715 032  
[JuneEnquiries@vra.rogaine.asn.au](mailto:JuneEnquiries@vra.rogaine.asn.au)

#### Admin Manager - Public Event

Phil Giddings 0427 012 863  
[JuneAdmin@vra.rogaine.asn.au](mailto:JuneAdmin@vra.rogaine.asn.au)

#### Schools/Cadets/Scouts

Event Date & Time  
Sunday 22nd June 2014  
Time: 10:30 am to 3:30pm

This event is open to secondary school  
aged groups and the groups may be  
from Schools, Cadets, Scouts, Guides,  
Venturers or Rovers, with other groups  
are welcome to enter. The event is  
generally referred to as the Schools  
Championships because of the school  
age competitors.

Group leaders, teachers and parents are  
also welcome to form teams and enter  
the 'Staff' category.

#### Entry Information

Information and entry forms can be  
obtained by contacting:

Paula Horton  
03 5674 2980  
0478 607 623  
[schools@vra.rogaine.asn.au](mailto:schools@vra.rogaine.asn.au)

Please note that Schools Championship  
entries are **NOT** made through the  
normal VRA public event online or  
postal system. The Schools entry form is  
**NOT** the one found in this newsletter.

Entry fee: \$15 per participant

Schools and Scouts Champs  
Entry by contacting  
Paula Horton Ph5674 2980  
[Schools@vra.rogaine.asn.au](mailto:Schools@vra.rogaine.asn.au)

Entries due date June 9th 2014

Please contact admin if you cannot download the final instructions and waiver from the website



## Upcoming Events

### ISLAND ADVENTURE METROGAINE CYCLOGAINE – PHILLIP ISLAND 6hr Metrogaine 10:00am Start 6hr Cyclogaine 10:00am Start SUNDAY 17th AUGUST 2014

#### Event Entry Details

Date & Time

Metrogaine

17th August 2014

10am Start

Or

Cyclogaine

17th August 2014

10 am Start

Please Enter Online

Go to the VRA Home Page

<http://vra.rogaine.asn.au>

Click on Online Entry

Postal Entries

(If Online Entry not possible)

Metrogaine

TBA

Or

Cyclogaine

TBA

Late Entry Date

Wednesday 6th August 2014

Additional \$10 per adult if posted after this date

Entry Fees

24hr & Roving 15hr

Adult .....\$30

Junior.....\$20

(Juniors free if in the same team as an adult)

No Membership Fee Applicable to any members.



#### About The event

Have you ever travelled overseas for a rogaine? Well, here's your chance to go OS. It's not a World Champs but Phillip Island provides a perfect overseas location which is just a short drive from Melbourne.

With the Hash House in Cowes this event offers an abundance of eating and drinking venues for those who enjoy a non-competitive style.

The course has been set over the entire island so the challenge is there for keen cyclists who would like to sweep the course.

There are many walking/cycle paths so a lot of busy roads can be avoided. A lot of the roads and paths are unsealed so a hybrid or mountain bike is desirable.

#### Location

Cowes is 140km drive south East of Melbourne.

#### Course

This will be a Question and Answer scoring event with multiple choice answers. Our Checkpoints will guide you to points of interest, the unusual and the hidden corners of Cowes and Phillip Island.

#### Map

Not yet finalised however probably a

Melways type map with more detailed inserts for the suburban areas. No compass skills required.

#### Accommodation

Phillip Island is a very popular holiday destination during the summer months. A peaceful destination for a relaxing weekend during the cooler months. Phillip Island offers every variety of accommodation within walking distance of the start finish location.

Make a weekend of it and enjoy the attractions of the island.

#### Course Enquiries

Paula and Steve Horton

Ph 5674 2980 OR 0478607623

[AugustEnquiries@vra.rogaine.asn.au](mailto:AugustEnquiries@vra.rogaine.asn.au)

#### Admin Manager

TBA

Ph TBA

[AugustAdmin@vra.rogaine.asn.au](mailto:AugustAdmin@vra.rogaine.asn.au)

## Interstate Contacts

<b>ACT</b>	Glenn Bridgart	<a href="http://act.rogaine.asn.au">act.rogaine.asn.au</a>	(02) 6251 1741
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<b>QLD</b>	Phil Scott	<a href="http://www.qldrogaine.asn.au">www.qldrogaine.asn.au</a>	(07) 3369 1641
<b>SA</b>	Lewis Carter	<a href="http://sa.rogaine.asn.au">sa.rogaine.asn.au</a>	(08) 8365 4280
<b>TAS</b>	Hugh Fitzgerald	<a href="http://www.rt.asn.au/rt/">www.rt.asn.au/rt/</a>	(03) 6234 3035
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<b>NT</b>	Jon Potter	<a href="http://nt.rogaine.asn.au">nt.rogaine.asn.au</a>	(08) 8941 1059

## International Contacts

<b>International Rogaining Federation</b>	<a href="http://www.rogaining.org">www.rogaining.org</a>
Richard Robinson	<a href="http://www.rogaining.org/contact-us/contacts/executive">http://www.rogaining.org/contact-us/contacts/executive</a>
<b>ARA David Rowlands</b>	<a href="http://www.rogaining.org/contact-us/contacts/national-representatives">http://www.rogaining.org/contact-us/contacts/national-representatives</a>



## President's Piece



### Greg Robinson VRA President

Welcome to the June 2014 newsletter.

Victorian Championships 24hr & 6hr rogaine – wrap-up  
Set around the goldfields area of Kingower near Inglewood, the Nigel Aylott 24 hour Victorian Championships attracted a solid crowd. With a traditional 24 hour event along with a roving 15 hour event, participants encountered scenic granite tors and slabs, goldfields areas and open ironbark forests.

We had about 65 people in the 24 hour and 90 in the 15 hour event. Overall winners in the 24 hour were Helen Robinson and Graham Busch, with the Tasmanian team of Christine Brown and Karen Pedley followed by David Kricker and Duncan Stodart. Well done to you all.

The 15 hour event was tightly contested with Gleb Belov and Ian Gordon taking the honours. I believe that this is now two wins in a row for Ian Gordon. The old hands of Tim Dent, Rob Taylor and Graham Anderson were second, with Alaster Meehan, Arom Malee, Alicja Modzelewski and Karl Riegert in third place. Well done to all who participated.

A big thanks to the trio of Merv Trease, Vic Sedunary and Duncan Brookes who coordinated the event, Peter Chen and Ainslie who were equipment, Peter Grover and Denise Pike for Admin and all our other Catering and Admin volunteers who helped out.

July Rogaine – cancelled  
Unfortunately the committee has been unable to find someone to be the Event Coordinator for this event. The Event Coordinator role is crucial for an event to proceed. The committee is already helping to run a large number of events, and we felt that we were too overburdened at this time to commit to run the event. Please consider volunteering to help out at an event so that we can avoid this in future.

Schools and Scouts Champs 6hr Rogaine – Linton 21st and 22nd June

Next event is in Linton, just outside Ballarat. The Schools and Scouts Championships are on the Sunday. Why not consider doing the Rogaine on the Saturday and helping out on the Sunday at the event? We require helpers to assist with navigation training for the Schools and Scouts teams.

Fast Track your Navigation – new Sept training course  
We are also please to advise that on 30th August this year, the VRA will offer a classroom based training day, followed

by night navigation training on 6th September, followed by a 6/12 hour bush Rogaine on 13th September. This three week block is aimed at improving your navigation skills over 2 weeks of training, so that you can participate in the 6/12 hour Rogaine on 13th September.

The classroom based training will be in Box Hill South with Night Training at our usual Spring Hill location. Further details on the web and in later newsletters.

2015 Australasian Rogaining Champs – now in NSW  
The 2015 Australasian Rogaining Championship was scheduled to be held in the Northern Territory. Due to the fact that the 2016 World Rogaining Championships have been awarded to Australia and will be held in the Northern Territory, the ARA has decided to take some of the pressure off key NT personnel NT by reallocating the 2015 ARC to NSW (bringing them forward by one year in the original rotation schedule). NSWRA are currently putting a team together and will announce further details and a proposed date in due course.

12WRC14 - 2014 World Rogaining Championships – South Dakota 16 Aug

A reminder that the World Championships are being held in the USA in August.

See you at the next Rogaine.

Greg Robinson  
[president@rogaine.vra.asn.au](mailto:president@rogaine.vra.asn.au)



**VRA Rogaine**

**Partner Finding  
Service**

**Phone 9894 2506**

FindPartner@[vra.rogaine.asn.au](mailto:vra.rogaine.asn.au)

[rogaine.asn.au](http://rogaine.asn.au)

## Coaches required for the Schools Event, Sunday 22nd June

Share your navigational ability with others

Coaching involves checking teams' route choices and equipment and some checking of level of navigational ability: Do students know how to read a map, find north and use the map and compass to work out which way to walk between checkpoints?

Coaches also check that students know what to do if they get lost or sustain an injury. Some coaches go out on the course with the less confident teams until satisfied that they will be safe.

Coaches have found coaching these groups entertaining and satisfying.

To assist on the day with coaching and checking please contact:

Paula on [schools@vra.rogaine.asn.au](mailto:schools@vra.rogaine.asn.au) 5674 2980

Phil on [MembershipSecretary@vra.rogaine.asn.au](mailto:MembershipSecretary@vra.rogaine.asn.au) 0427 012 863

### VRA is a member of Bush Search and Rescue Victoria



To find out more about Bush Search & Rescue please contact Paul Hunter, VRA Delegate on 9725 9574 or [paul.hunter@lendlease.com.au](mailto:paul.hunter@lendlease.com.au)

## Schools and Scouts Champions - Key Dates

### Key Dates -

Wednesday, May 28 – deadline for emailing your intention to enter the Championships: Each group intending to enter teams in this event must contact Paula Horton either by email [schools@vra.rogaine.asn.au](mailto:schools@vra.rogaine.asn.au) or phone 5674 2980 or 0437 894 642 to notify of:

Their intention to attend the event and enter teams, and  
The approximate number of people and number of teams they intend to bring

Monday, June 9 – deadline for posting your entry and payment:  
Completed entry forms and payment should be posted to:  
2014 Schools Rogaining Championships, c/o 18 Glendale Court, Inverloch Vic, 3996

Sunday, June 22 – 2014 Victorian Schools Rogaining Championships: Final event instructions will be issued to groups who pre-notify of their intent to enter the event. They will also be available on the website 4 days prior to the event. <http://vra.rogaine.asn.au>

Place	Team #	Score	Finish Time	Team Members	M	MJ	MV	MSV	W	WJ	WV	WSV	X	XJ	XV	XXV	U	F	N
1	11	2680	11:50:30 AM	Helen Robinson, Graeme Busch.									1		1				
2	7	2630	11:32:02 AM	Christine Brown, Karen Pedley.					1		1								
3	12	2560	11:22:19 AM	David Kricker, Duncan Stodart.	1		1												
4	27	2490	11:01:47 AM	Martina Honey, Stephen Honey.									2		2	1			
5	2	2270	11:37:21 AM	Paddy Meldrum, Duncan Jessep.	2														
6	25	2240	11:23:12 AM	Kerry Gigante, Cora Wolswinkel.					2		2								
7	16	1980	10:26:08 AM	Neil Phillips, Robin Gardner.	3		2	1											
8	1	1890	11:28:36 AM	Peter Chen, Ron Frederick, Christine Raviart.									3						
9	26	1660	11:45:23 AM	Paula Horton, Stephen Horton.									4		3	2			
10	29	1550	11:45:29 AM	Martin O'Hely, Claire Burke.									5						
11	13	1530	11:46:10 AM	Matthew King, Don Baker, Kerry Williams.	4		3	2											
12	21	1500	1:35:36 AM	Tim Plozza, Ruslan Hodorov.	5														
13	24	1420	11:52:53 AM	John Mudie, Dean Erasmus.	6														
14	18	1390	11:58:21 AM	Bernard Dynes, Jachob Dynes, Monica Henry.									6					1	
15	14	1360	11:48:41 AM	Cass Murphy, Kristy Packham.					3										
16	4	1350	11:59:23 AM	Shirley Proctor, Anne Forsyth.					4		3	1							
17	19	1340	11:56:32 AM	Helen Alexander, Judi Herkes.					5		4	2					1		
18	34	1320	3:55:04 AM	JENNIFER Gray, Dane Bashford.									7		4				
19	30	1170	11:44:25 AM	Marieke Kersten, David Price, Ben Kersten.									8						
20	9	1060	11:21:12 AM	Joan Corner, Chris Fyffe.					6		5	3							
21	23	940	11:52:38 AM	Steve Smith, Wayne Benton.	7														
22	17	910	3:47:06 AM	Brett Sparkes, Allyce Sparkes.									9						
23	32	790	10:27:53 AM	Miranda Brookes, Sarah Wright, Steven Goyen.									10						
24	10	770	2:03:22 AM	Brenton Vanderende, Avi Fernandes.	8														
25	15	680	11:48:53 AM	Peter Taylor, Ewan Bezzobs.	9														2
26	6	630	11:52:07 AM	Tim Hannan, Belle Hannan.									11						3
27	33	430	11:10:08 AM	Zoe Asher, Matthew Jeppesen, Emily Jeppesen.									12						4
28	8	270	11:53:58 AM	Rhys Griffiths, Dom Finney.	10														1
29	3	240	10:56:07 AM	David Smith, Theodore Smith.	11														5



# The Faith and Hope Roving 15hr Rogaine

# Results

Place	Team #	Score	Finish Time	Team Members	M	MJ	MV	MSV	W	WJ	WV	WSV	X	XJ	XV	XSV	U	F	N
1	171	2270	11:57:24 AM	Ian Gordon, Gleb Belov.	1														
2	157	2150	11:43:27 AM	Tim Dent, Rob Taylor, Graham Anderson.	2		1	1									1		
3	178	1700	8:47:47 AM	Alaster Meehan, Arom Malee, Alicja Modzelewski, Karl Riegert.									1						
4	153	1670	11:41:10 AM	Rob Mason, Phil Giddings.	3		2	2											
5	155	1630	11:27:48 AM	Jopie Bodegraven, Jenny Flood.									2		1	1			
6	152	1580	11:46:47 AM	Peter Brooks, Franco Lombardi.	4		3	3											
7	172	1550	11:45:37 AM	Melinda Buchanan, Neil O'Leary.									3						
8	167	1540	11:41:46 AM	Dianne Hebard, Andrew Piddington, Anneke Thomson.									4		2				
9	158	1440	11:41:52 AM	Reg Venn, Gerard Herten.	5		4	4											
10	156	1320	11:03:22 AM	Graham Smith, Peter Noble.	6		5	5											
11	164	1250	11:36:39 AM	Eric Krista, David Griffiths.	7		6												
12	181	1130	11:41:06 AM	Wendy Wright, Ross Wright.									5		3				
13	180	1120	11:45:00 AM	Chris Kouts, Andrew Hunter.	8														
14	162	1070	12:02:32 PM	Andrew Monson, Anja Wondra, Shelley Creighton.									6						
15	161	1060	11:10:28 AM	Rohan Lynham, Susannah Campbell.									7						
16	189	1060	11:34:20 AM	Peter Bishop, Megan Bishop.									8						
17	185	1000	10:55:54 AM	Ian Wanless, Tracey Gardner.									9		4				
18	179	870	11:42:37 AM	David Mitchell, Sally Mitchell, Thomas Mitchell.									10					1	
19	166	850	10:19:30 AM	Peter Mills, Michele Watson.									11		5				
20	165	820	10:56:56 PM	John McGauran, lucas mcgauran.	9														
21	168	820	11:18:52 AM	Jacob Storey, Evie Clarke.									12						
22	159	820	11:20:51 AM	Craig BILLING, Duncan Morton.	10														
23	183	800	11:53:24 AM	Shantelle Matcham, Clancy Holohan, Alexander Hopper, matthew watkins, Brodie Tyacke.									13	1					1
24	170	750	6:07:16 PM	Kurt Imberger, Heinz Herrmann.	11		7	6									2		
25	154	750	11:35:11 AM	Dianne Fraser, John Leask.									14		6				
26	173	730	11:21:22 AM	James Honey, Ryan Fleming, Frank Lane, Brendan Hook.	12	1													
27	174	730	11:45:05 AM	Antonius Jaeger, Evita Widjaja.									15	2					
28	175	680	10:46:10 AM	Brioude Synnot, Emily Kolacz, Rhiannon Hillebrand.					1	1									
29	184	610	11:50:52 AM	Bethany Cairns, Brenton Doyle-Smith, Britney Thomas.									16	3					2
30	186	580	6:25:21 PM	Rebecca Craine, Maya Harrington, Sam Prosser-Roberts, Shandor Bizcock, Jack Thaites.									17	4					3
31	169	580	8:30:07 PM	Rory Walsh, Dawkins Jess.	13														
32	182	480	11:03:28 AM	Erik Ekner, Susanne Skydsgaard.									18						
33	188	460	11:31:18 AM	Jun Okabe, Miki Okabe, Kentaro Okabe.									19					2	
34	187	230	6:29:38 PM	Sam Radfor, Tristan Cole, Hugh Brown, Samantha Brown, Emi9ly Lynagh.									20	5					4
35	163	100	2:16:51 PM	Aneeta Pillai, Rohan Pillai.									21					3	





# Rogaining Training Day - Saturday 6th September 2014

Would you like to learn rogaining basics? Practice on night navigation? What about polishing the skills you already have?

Come to the VRA training day and get tuition from the experts!

Date Saturday 6th September, Time: 4:30pm - 10:00 am (meet at 4:15 pm)

Place: Spring Hill area North west of Woodend. And easy 1.5hr drive north of Melbourne on sealed roads. Camping is available. Details of meeting location will be advised after entering.

What to bring: day pack, lunch, snacks, water and a compass if you have one. Come dressed appropriately for the weather and wear sturdy footwear. You will need a torch (preferably a head torch). Loan compasses available if needed.

Program: : Some prior experience of navigation in the bush is desirable but not essential. We will concentrate on night navigation techniques such as pace counting, following a compass bearing at night and use of attack points..

Contact: Andy Elam [TrainingDay@vra.rogaine.asn.au](mailto:TrainingDay@vra.rogaine.asn.au) or 0421 089 999 for early interest.

Online Entry: Online entry will open by July however will be closed for about a week around the August Metrogaine/Cyclogaine and reopen soon after 18 August. Entries will close when full or at latest Monday 1st September 2014.

Entry fee is \$10 per person. Individual entry is encouraged as we team you up in groups.  
No Late entries will be accepted.

Please check the website for any changes.

**Trainers needed.** If you have experience we'd like you to share some of your skills.

Please contact Andy ASAP [TrainingDay@vra.rogaine.asn.au](mailto:TrainingDay@vra.rogaine.asn.au) or 0421 089 999.

## THEORY AND DISCUSSION - TRAINING SESSION 30th AUGUST 2014

The first of three great opportunities to improve your navigation and Rogaining skill.  
A Theory and Discussion session.

The focus for this session will be on learning the tricks of the trade you could say. Planning your course, identifying difficult to locate Checkpoints, planning attack points, determining a high scoring course, is flat faster than a shorter climb?

Get an understanding of the Theory. Entry our Night Training 6th September 2014 and put it into practice at the September 6hr Rogaine 13th September 2014. You will lift your confidence ready for the Victorian hosted 2014 Australasian Championships 12th October.

Place: Lion Club Hall Corner of Riversdale Road and Elgar Road Box Hill South.

What to bring: Just your self

Online Entry:

No entry required. No fee.

Please check the website for details closer to the date.

### Teams and Entry Fees

Teams must contain 2 – 5 people

#### Classes

##### Men

All team members are male

##### Women

All team members are female

##### Mixed

At least one male and one female

##### Veteran

All team members are 40 or over

##### Super Veteran

All team members are 55 or over

##### Ultra Veteran

All team members are 65 or over

##### Junior

All team members are under 18

##### Novice

2 or more team members have never rogained before

##### Family

Team contains at least one adult and one junior who are related

### Late & Other Fees

A late fee of \$10 applies for each adult team member if entry is post-marked after the 'Late Date' (does not apply to new members).

Final instructions will be on the web/ mailed in the week prior to the event.

### Refund Policy

If you need to withdraw from the event please notify Admin as early as possible.

Refunds are paid as follows:

- Withdrawal prior to late date, or any time for medical or other urgent reason: full refund;
- Withdrawal after late date, but prior to event day: refund of event fee less late fee
- Withdrawal on day: no refund





# Victorian Rogaining Association (Inc)

ABN 66 307 914 547

## Event Entry Form

Please note you can enter events online at <http://onlinentry.vra.rogaine.asn.au/login.php> or follow the link from the VRA homepage

Event Name: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Event Duration (hours): 6 (Sat) 8 10 12 15 24

Event Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Event Type (circle one): Bush / Snowgaine / Walking Metrogaine / Cycle only / Bigaine

Full Name (first name is team contact)	Address (underline if changed)	Telephone (home/mobile)	Email	Birth Date		Fees		
				Gender	Event	Bus	Late	Total
			@	M	F			
			@	M	F			
			@	M	F			
			@	M	F			
			@	M	F			
			@	M	F			
								Total: \$

### Categories:

You must circle one below:

- M** Men: all team members are male      **N** Novice: 2 or more team-members have never rogainied before      **F** Family: team contains at least one adult and one junior, who are related
- W** Women: all team members are female      **J** Junior: all team members are under 18       **We will download the final instructions and waiver form from the VRA website (tick if applicable)**
- X** Mixed: at least one male and one female      **V** Veteran: all members are 40 or over      **SV** Supervets: all members are 55 or over      Preferred bus pick up location (24 hr events): \_\_\_\_\_
- UV** Ultravets: all members are 65 or over

- Please make your cheque or money order payable to 'Victorian Rogaining Association' . Provide a separate payment for each team.
- If you require the final instructions and waiver form to be mailed, please include a stamped, self-addressed business sized envelope.
- If envelope is not included, a \$2 fee will be charged (does not apply if you select the download option above).
- Event entries post marked after the Late Entry date will be charged an additional \$10 per person.
- Send your event entries to the address given for the event in the newsletter or event summary page in the web.
- The VRA privacy policy is located on the VRA website: [www.vra.rogaine.asn.au](http://www.vra.rogaine.asn.au)

Car registration: \_\_\_\_\_

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Please use clear BLOCK letters:

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Old Address ..... Postcode .....

New Address ..... Postcode .....

Phone Number ..... (BH) ..... (AH)

Fax / E-Mail .....

Return to:

Phil Giddings

39 Sir Garnet Road

Surrey Hills VIC 3127

email: [MembershipSecretary@vra.rogain.asn.au](mailto:MembershipSecretary@vra.rogain.asn.au)



**Victorian Rogaining Association Newsletter**

If undelivered, please return to:  
39 Sir Garnet Road  
Surrey Hills VIC 3127

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