

ROGAINING

THE SPORT OF CROSS-COUNTRY NAVIGATION

Volume 39 / Number 1

Victorian Rogaining Association Inc. A547
ABN 66 307 914 547
vra.rogaine.asn.au

March 2015

CREEKLANDS METROGAINE AND CYCLOGAINE – MELBOURNE

6hr Metrogaine 10:00am Start

5hr Cyclogaine 10:30am Start

SUNDAY 15th MARCH 2015

The Creeklands Metrogaine and Cyclogaine to be held in March will start from the area of Melbourne Girls College (on the Boulevard) and will be held in the area bounded by Gardiners Creek, the Yarra River and the Outer Circle Rail Trail.

Participants in the cyclogaine will travel the length of these historic trails and creeks; visiting locations that are of historical interest and others close to important facilities - like toilets, bakeries and coffee shops. All of these essential services will be shown on your map. Metrogaine (pedestrian) participants will use many of the same tracks to visit closer, scenic locations and have checkpoints spaced - at reasonable distances - along the trails and in safe/quiet residential streets nearby.

A little historical information about the area may be of interest....

In 1836 John Gardiner arrived in the area near the junction of Kooyongkoot Creek and the Yarra River and led the establishment of the first white settlement (Kooyongkoot means "haunt of the waterfowl"). Kooyongkoot Creek was renamed in honour of John Gardiner. The first survey plan or maps for the County of Bourke - the area of Hawthorn and Camberwell north of Gardiners Creek - were drawn up in the mid 1800's with the early sub-division of crown allotments beginning in the 1850's.

The linear parkland along Gardiners Creek has now been developed as a shared cycle and pedestrian path and links to other paths along the Gardiners Creek and Scotchman Creek valleys. Those of you that take a moment to admire the ponds along Gardiner's Creek will see the descendants of the original waterfowl that were once so prolific in this area.

Most of those in the cyclogaine will travel along the Outer

Circle shared path - visiting many spots with historical significance along the way. The Outer Circle Railway Line allowed trains travelling from Gippsland to avoid privately owned tracks between Oakleigh and the city - by turning North after Oakleigh and travelling over a long trestle bridge across the Gardiner's Creek Valley (now Malvern Golf Course) and joining up with the Alamein Line. While passengers did travel on this line, its main purpose was to allow wood and coal to be brought from Gippsland to Melbourne's homes and factories.

Sadly, patronage fell and Melbourne industries and homes gradually switched over to electricity and gas thereby reducing the load on freight services. Passenger services ran until the late 20's and freight continued until late 1943 after which the Southern section of the line and the trestle bridge were dismantled.

In 1991, 100 years after the Outer Circle Rail Line first opened, sections of the trail re-opened as a shared used path for cyclists and pedestrians; hence the Anniversary Outer Circle Trail name. By 2006 a fully sealed path was completed from Kew to East Malvern Station creating a 13km off road cycle and pedestrian path joined to major off road paths at each end.

Our event in March offers you the opportunity to ride South from the start location, travel East along Gardiner's Creek, North up the Outer Circle Rail Path and then pick up the Yarra Trail and Boulevard to bring you home. Those of you with more stamina, may have the time to visit other control sites on the paths that intersect with this roughly circular course.



Gardiner's Creek, Malvern – now a golf course



Event results are posted on the VRA web site,
<http://vra.rogaine.asn.au/>, within two or three days of an event



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Event Calendar 2015

Victorian Events

EVENT	DATE	LOCATION
Metrogaine & cyclogaine	15 March	Gardinder's Creek, Melbourne
2 x 6 hour	18 April	Kinglake
Training Day	2 May	Birdland Park, Melbourne
6 & 12 hour	23 May	Wron Wron
2 x 6hr + Schools	20/21 June	Heathcote
8 hour	18 July	Bendigo region
24 hr & 6 or 8hr	29/30 August	Eildon
Night Training Day	5 September	Spring Hill near Woodend
Metrogaine & cyclogaine	20 September	Williamstown
6 & 12 hour	24 October	Otways area
Novelty 6 hour	14 & 15 November	Daylesford area

The Australasian Rogaining Championships 2015
 Hosted by NSW 10th & 11th October 2015

World Rogaining Championship 2015
 Hosted by Finland 22nd & 23rd August 2015
 visit <http://rogaining.org/>

Committee meeting

Date	Time	Location
Thur 26 February	7:30 pm sharp	Lions Club Hall South East Corner of Riversdale Road and Station Street Box Hill South
Thur 9 April	7:30 pm sharp	Lions Club Hall South East Corner of Riversdale Road and Station Street Box Hill South

Newsletter copy deadline - Wednesday 11 March 2015



Next Event

CREEKLANDS METROGAIN AND CYCLOGAIN – MELBOURNE

6hr Metrogaine 10:00am Start

5hr Cyclogaine 10:30am Start

SUNDAY 15th MARCH 2015

Event Entry Details

Date & Time

Metrogaine

15th March 2015

10am Start

Or

Cyclogaine

15th March 2015

10:30 am Start

Please Enter Online

Go to the VRA Home Page

<http://vra.rogaine.asn.au>

Click on Online Entry

Postal Entries

(If Online Entry not possible)

Metrogaine or Cyclogaine

39 Sir Garnet Rd

Surrey Hills Vic 3127

Late Entry Date

Wednesday 4th March 2015

Additional \$10 per adult if posted after this date

Entry Fees

Adult\$30

Junior.....\$20

(Juniors free if in the same team as an adult)

No Membership Fees Applicable



Location

Melbourne's inner east surrounding Gardiners Creek. Using the shared paths and creek land as the focus and linking through suburban streets the latte Rogainers will be in for a feast

Course

This will be a Question and Answer scoring event. Multiple choice answer and set by locals.

Map

Based on Melway reproduced (with their permission) at 1:20,000 standard book scale. Any errors found on the Map you can report to Melway. All the street names included.

In 2012 we held the Yarra Trails Metrogaine & Cyclogaine based from Yarra bend Park and stretching along the Yarra to Westerfolds. Creative Checkpoint placement can keep

rogainers away from busy areas and encourage crossing at safe locations.

Course Enquiries

Geoff Hudson

Ph 0407 998 240

MarchEnquiries@vra.rogaine.asn.au

Admin Enquiries

TBA

Ph

MarchAdmin@vra.rogaine.asn.au

Please contact admin if you cannot download the final instructions and waiver from the website

Teams and Entry Fees

Teams must contain 2 – 5 people

Classes

Men

All team members are male

Women

All team members are female

Mixed

At least one male and one female

Veteran

All team members are 40 or over

Super Veteran

All team members are 55 or over

Ultra Veteran

All team members are 65 or over

Junior

All team members are under 18

Novice

2 or more team members have never rogained before

Family

Team contains at least one adult and one junior who are related

Late & Other Fees

A late fee of \$10 applies for each adult team member if entry is post-marked after the 'Late Date' (does not apply to new members).

Final instructions will be on the web/ mailed in the week prior to the event.

Refund Policy

If you need to withdraw from the event please notify Admin as early as possible.

Refunds are paid as follows:

- Withdrawal prior to late date, or any time for medical or other urgent reason: full refund;
- Withdrawal after late date, but prior to event day: refund of event fee less late fee
- Withdrawal on day: no refund



Upcoming Events

WHERE'S THE LAKE 2 x 6 HR ROGAINES - KINGLAKE SATURDAY 18th APRIL 2015 & SUNDAY 19th APRIL 2015 10AM TO 4PM

Event Entry Details

Date & Time

6hr Rogaine
18th April 2015
10am to 4pm

Or

19th April 2015
10am to 4pm

Please Enter Online

Go to the VRA Home Page

<http://vra.rogaine.asn.au>

Click on Online Entry

Postal Entries

(Only if Online Entry not possible)

Where's the Lake 6hr Rogaine

39 Sir Garnet Road
Surrey Hills Vic 3127

Late Entry Date

Wednesday 8th April 2015

Additional \$10 per adult if posted
after this date. Online Entry add a

Late fee at 11:59 pm

Entry Fees

Adult\$30

Junior.....\$20

(Juniors free if in the same team as
an adult)



Location

Kinglake National Park, approx 65 kms
north east of Melbourne. This is the largest
National Park close to Melbourne.

Map

1:25,000 with grid north marked. Map size
will not be larger than A3.

Course

Primarily located within the Park, the course
goes through tall forests with ferny gullies,
.Most of the Park was burnt in the disastrous
2009 fires, resulting in some dense regrowth.
To maximise your enjoyment of the event,
most CPs have been placed on more open
ridges and hilltops and/or close to tracks.

Accommodation

The Hash House is located on private
property. The landowners have kindly allowed
Rogainers to camp on both Friday and

Saturday nights Portaloos will be available,
but no showers.

Registration

Registration will open at 8am. 2 hrs before
event start. Same timing each day of the
event.

Course Enquiries

Ron Frederick

Ph 0418 994 841

AprilEnquiries@vra.rogaine.asn.au

Or

Ron Wescott

Ph 0425805447

Admin Enquiries Celebration Enquiries

TBA

Ph

AprilAdmin@vra.rogaine.asn.au

Interstate Contacts

ACT	Glenn Bridgart	act.rogaine.asn.au	(02) 6251 1741
NSW	Mike Hotchkis	www.nswrogaining.org	(02) 4294 1363
QLD	Phil Scott	www.qldrogaine.asn.au	(07) 3369 1641
SA	Lewis Carter	sa.rogaine.asn.au	(08) 8365 4280
TAS	Hugh Fitzgerald	www.rt.asn.au/rt/	(03) 6234 3035
WA	Ian Thomsett	wa.rogaine.asn.au	0428 105 127
NT	Jon Potter	nt.rogaine.asn.au	(08) 8941 1059

International Contacts

International Rogaining Federation www.rogaining.org
 Richard Robinson [http://www.rogaining.org/contact-us/contacts/
 executive](http://www.rogaining.org/contact-us/contacts/executive)
ARA David Rowlands [http://www.rogaining.org/contact-us/contacts/
 national-representatives](http://www.rogaining.org/contact-us/contacts/national-representatives)



President's Piece

Tom Lothian

VRA President



Welcome to 2015 everyone. You may find this surprising coming from me but we have an excellent calendar of events coming up. We will kick off with a metro-cycle based out of Gardiner's Creek in the eastern suburbs of Melbourne. This will be an excellent event with a complex network of trails and parks. We have a great spread of events across the state throughout the rest of the year including a May 12 hour in Gippsland. The year will finish with a 2x6 event out of Daylesford. The event will be a mixed foot and mountain bike event. Competitors will have the ability to enter on both days to complete both disciplines.

As always, we are looking for volunteers for all our events. While we have made progress in recent years in broadening our volunteer base there is still much to do. If you haven't volunteered before it would be great if you could put your hand up to be a general helper. If you have been around the sport for a while it would be great if you consider stepping into a leadership role in event management or even a position on the committee.

The VRA has long been fortunate to benefit from the dedication of a relatively small number of people in major roles. Event management roles are generally the catering manager or admin manager. With the effort that the committee has put in to simplifying systems these roles have become much easier and new comers to these roles will be given plenty of support from old hands. We

also have a couple of folks keen to step down from the VRA committee this year. If you are interested in helping guide the direction of our great sport then please have a chat with a committee member (look out for the all too fleuro orange hats) or send me an email.

While I have harped on about responsibility and leadership I would suggest that the main reason to get more involved is because it is great fun. I have never worked in any organisation with less politics and a better sense of collaboration than the VRA. Our meetings are short, fun, effective and we always emphasise a good spread of the workload. So happy 2015 everyone. The VRA has plenty of great events to offer, we hope that you get as involved as you can.

Tom Lothian
VRA President



VRA Rogaine

**Partner Finding
Service**

Phone 9894 2506

FindPartner@vra.

rogaine.asn.au

O/A	Team	Score	Time	Team Members	M	MJ	MV	MSV	W	WJ	WV	WSV	X	XJ	XV	XSV	U	F	N
1	21	1530	5:50:47	Merv Trease, Vic Sedunary.	1		1	1											
2	41	1480	5:45:35	Derek Morris, Bob Reaburn.	2		2	2											
3	19	1460	5:58:24	Tony Bird, Ron Scholes.	3		3	3											
4	40	1430	5:44:45	Ian Herbert, Zane Hutter.	4														
5	27	1400	5:58:27	Tim Plozza, Gleb Belov.	5														
6	4	1360	6:02:51	Tim Dent, Rob Taylor.	6		4	4									1		
7	22	1330	5:49:19	Tony Perrott, Liz Wood.									1		1	1			
8	98	1320	5:33:35	Lise Andreassen, Steve Curnow.									2		2				
9	50	1240	5:46:30	Stephen Honey, Vincent Chen.	7														
10	6	1220	5:53:24	David Pasztaleniec, Rowhan Marshall.	8		5												
11	73	1190	5:57:27	John Gavens, Heather Leslie.									3		3	2			
12	97	1160	5:48:23	Peter Iser, Stephanie Johnston.									4						
13	51	1150	5:47:31	Alicia Dymowski, Lauren Newton.					1										
14	2	1150	5:54:38	Ron Frederick, Christine Raviart.									5						
15	72	1130	5:37:34	Peter Warren, Angus Addison.	9		6												
16	77	1110	5:39:56	Ian Wanless, Stephen Chan.	10														
17	63	1110	5:58:45	Nathan Wright, Amy Soderstrom, Peter Soderstrom.									6						
18	85	1110	5:58:51	Wendy Wright, Ross Wright.									7		4	3			
19	99	1080	5:59:03	Luke Stephens, Mark Junker, Kristan Pash.	11														
20	26	1070	5:41:02	Helen Alexander, Judi Herkes.					2		1	1					2		
21	70	1070	5:49:34	Peter Brooks, Marcaill Arbuthnot, Renae Measom.									8						
22	91	1070	5:57:35	Narissa Leung, Laurie Leung.									9						
23	71	1060	5:48:42	Graeme Busch, Olivia Shanahan, Seamus Crowe.									10						
24	31	1060	5:53:16	Grant Jeffrey, Rob Mason.	12		7	5											
25	38	1060	5:55:22	David Gossip, Peter Gossip, Marjan Flisar, Dean Anderson.	13														
26	45	1050	5:32:58	Dianne Hebard, Andrew Piddington, Anneke Thomson.									11		5				
27	30	1040	5:09:28	Neil Phillips, Robin Gardner.	14		8	6											
28	58	1040	5:17:14	Martina Honey, Matthew Jasper.									12					1	
29	14	1040	5:43:25	JENNIFER Gray, Dane Bashford.									13		6				
30	74	1020	5:50:39	Garry Walpole, Colin Fink.	15														
31	101	1010	5:51:43	Ellen Walls, James Freijah, Tom Pattison.									14						
32	90	1000	5:52:59	Emma Thomas, Vikram Ravi.									15						1
33	1	990	5:52:39	Andrew Walker, Ronice Goebel, Jeanette Mc Laren.									16		7	4			
34	12	980	5:22:51	Graham Smith, Peter Noble.	16		9	7											
35	34	970	5:53:42	Rob Simmons, Dotti Simmons, Hilary Simmons.									17					2	
36	13	960	5:43:46	John Ford, Willem Ford.	17													3	
37	49	950	5:36:20	Eric Davidson, Lorraine Hansen.									18		8	5			
38	52	940	5:30:37	Andrew Monson, Anja Wondra, Kim Kyong-Tae.									19						
39	44	940	5:35:18	Sarah Goyen, Steven Goyen.									20						
40	35	920	5:48:38	David Rowlands, Stephanie Rowlands.									21					4	
41	66	910	5:39:05	Vanessa Agiran, Stuart Woodward.									22						2
42	46	870	5:55:12	Ben Burt, Lorraine Morgan, Natalie Jacobson.									23						
43	15	850	5:45:22	Shirley Proctor, Anne Forsyth.					3		2	2							
44	29	830	5:42:08	Duncan Mackay, Geoff Mackay.	18														
45	65	820	5:28:04	Tracey Gardner, Kayleigh Best.					4										
46	59	820	5:44:03	Brett Sparkes, Anne Griffin, Ella Wright, Jennifer Petersen.									24						

A friendly reminder from the Online entries administrator

This month marks the beginning of a new rogaining season and I thought it would be a good idea to explain to members what my role is and to remind them how to obtain the information they typically seek.

Electronic mail sent to entries@vra.rogaine.asn.au is currently handled by me. Each event flyer also has my other contact details. My role encompasses three functions;

1. Assist members with their login details
2. Assist members with event related issues (eg addition of team members, payment issues, event fee issues, event category issues)
3. Assist members and the general public with general event information (questions such as what is rogaining?, how do we enter?, are there any fees?, is there good carparking?, what time should we arrive?)

Your VRA member number and password are key data and I would highly recommend that members record these details somewhere safe, in the same manner as your other account passwords.

In order for a VRA member to be able to use the password retrieval facility you must have added a valid email address onto the member profile. It is recommended to select an email address that the member plans to use for the long term. Communication from me or another event administrator to the member via electronic mail using the online entry system will be sent to the address on file, so if the address is no longer in use this will not be possible.

How to retrieve your logon credentials (if you have forgotten or misplaced them).

If you can remember your VRA member number but not your password, you can retrieve your password by following these steps

On the Online Entry home page, choose Option 4: Login (and seek assistance to logon)

On the next page, choose Option 1: I have forgotten my password

On the third page, fill in your VRA member number and your surname in the relevant boxes

You will receive an email that advises, 1. Your VRA member number, and 2. Your password

If you can remember your online entry password but not your member number, you can retrieve your membership number by following these steps

On the Online Entry home page, choose Option 4: Login (and seek assistance to logon)

On the next page, choose Option 2: I know my password but not my member number

On the third page, fill in your details

If you cannot remember both your VRA member number and your password

On the Online Entry home page, choose Option 4: Login (and seek assistance to logon)

On the second page, choose Option 2: I am a member, but have forgotten my details

You will then be prompted to fill in a form with a number of fields. The reason why we ask for this information is twofold; it provides a good opportunity to update the member's personal details (eg home address) if the member hasn't updated their profile themselves and secondly, provides some reassurance that the member has made an enquiry as opposed to a spammer (the details you provide are expected to be known only to you).

I receive this information and can take a number of actions. I can:

1. Update the member's profile and/or use the password retrieval service as if I were the member themselves
2. Send the member an email
3. Telephone the member

Members who contact entries@vra.rogaine.asn.au may be asked for further information to confirm their identity before personal details are released.

Event Administrators have access to all member profiles but cannot view login passwords (passwords appear in the form of □□□□□□). Event administrators can overwrite existing passwords with a new one but this is only considered when all other avenues to send the member their existing password have been exhausted. The VRA treats the privacy of members' personal details very seriously.

Feel free to get in touch with me if you have questions. I look forward to seeing you out on course this year.

Andrew Hunter



Volunteers

Role	March Metro & Cyclo Gardiners	"April (Saturday) 2 x 6hr Kinglake"	April (Sunday) 2 x 6hr Kinglake	"May 6/12hr Gippsland"	June (Sat) 2 x 6hr	June (Sun) 2 x 6hr & Schools Champs	"July 8hr Bendigo"
	15/03/2015	18/04/2015	19/04/2015	23/05/2015	20/06/2015	21/06/2015	18/07/2015
Event Co-ordinator	Geoff Hudson	Ron Frederick	Ron Frederick	Brett Sparks	Rodney Polkinghorn	Rodney Polkinghorn	Chris Creely
Map maker	Geoff Hudson	Vacant	Vacant	Geoff Hudson	Vacant	Vacant	Chris Creely
Setter 1	Geoff Hudson	Ron Wescott	Ron Wescott	Tony Bird	Ian Wanless	Ian Wanless	Chris Creely
Setter 2	Schon Hudson	Ron Frederick	Ron Frederick	Not Required	Vacant	Vacant	Catherin Creely
Setter 3	Not Required	Not Required	Not Required	Not Required	Vacant	Vacant	Vacant
Vetter 1	Greg James Andrews	Vacant	Not Required	Vacant	Vacant	Not Required	Vacant
Vetter 2	Vacant	Vacant	Not Required	Vacant	Vacant	Not Required	Vacant
Vetter 3	Vacant	Vacant	Not Required	Vacant	Vacant	Not Required	Vacant
Checkpoint placer 1	Not Required	Vacant	Not Required	Vacant	Vacant	Not Required	Vacant
Checkpoint Placer 2	Not Required	Vacant	Not Required	Vacant	Vacant	Not Required	Vacant
Checkpoint Placer 3	Not Required	Vacant	Not Required	Vacant	Vacant	Not Required	Vacant
Catering Manager	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Catering Assistant Mgr	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Admin Manager	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Navlight Event Mgr	Not Required	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Navlight Assistance	Not Required	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Equipment Manager	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Equipment Assistant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Event First Aider	Vacant	Vacant	Colin Chapman	Vacant	Vacant	Colin Chapman	Vacant
Water Drops	Not Required	Vacant	Vacant	Vacant	Vacant	Colin Chapman	Vacant
Water drop assistant	Not Required	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Helper 1	Nicole McManus	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Helper 2	Ros Hindle	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Helper 3	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Helper 4	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Helper 5	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Helper 6	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Helper 7	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Helper 8	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant	Vacant
Check Point Pick Up 01	Not Required	Not Required	Vacant	Vacant	Not Required	Vacant	Vacant
Check Point Pick Up 02	Not Required	Not Required	Vacant	Vacant	Not Required	Vacant	Vacant
Check Point Pick Up 03	Not Required	Not Required	Vacant	Vacant	Not Required	Vacant	Vacant
Check Point Pick Up 04	Not Required	Not Required	Vacant	Vacant	Not Required	Vacant	Vacant
Check Point Pick Up 05	Not Required	Not Required	Vacant	Vacant	Not Required	Vacant	Vacant

It has been a long break and recruiting volunteers over summer is difficult. That means our roster looks sadly full of vacant positions. In particular key positions. Here's your cans to committee at short notice. Do the job and it's all over in a month. Please contact Geoff Hudson on 0407 998 240 or Volunteer2@vra.rogaine.asn.au for March or any event. The full an up to date roster is available online

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..... Postcode

New Address
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Fax / E-Mail

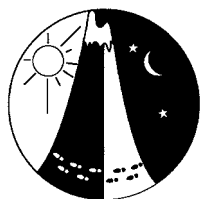
Return to:

Phil Giddings

39 Sir Garnet Road

Surrey Hills VIC 3127

email: MembershipSecretary@vra.rogain.asn.au



Victorian Rogaining Association Newsletter

If undelivered, please return to:
39 Sir Garnet Road
Surrey Hills VIC 3127

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