



Victorian  
Rogaining  
Association  
Inc.

# Gray Whroo Rogaine

14th annual Nigel Aylott Victorian Championship 7th & 8th October 2017

24hr event: 1200 Saturday - 1200 Sunday

8hr Non Championship event: 1200 to 2000 Saturday

## FINAL INSTRUCTIONS

vra.rogaine.asn.au

### Event HH Location

Darroch's Rd, North of Graytown in the Redcastle Graytown State Forest.

Coordinates: 36:44:13 South, 144:54: 28 East

### Event Details

Thank you for entering the Nigel Aylott 24 hour Victorian Rogaining Championship or 8 hour Non Championship event. The event will take place in the popular Redcastle Graytown State Forest and Heathcote Graytown National Park between Graytown and Whroo.

Nagambie and Heathcote are the nearest towns on the way through with excellent bakeries and cafes. Heathcote will be holding their annual food and wine festival on the same weekend. Nigel competed in his last rogaine in these forests in July 2004 partnered by Derek Morris, course setter for this event. We will remember him.

The Hash House site is centrally located. Hopefully teams will take advantage of this luxury with careful selection of the many route choices available. The forests are mostly open native bush with some areas of thicker vegetation that may slow your progress. The gently undulating to very subtle terrain will test teams' navigational abilities and night time planning.

Extensive gold mining activity is evident throughout the course. Please take care. While navigating through these forests, take the time to appreciate nature at this time of year. We acknowledge the Taungurung people as the traditional owners of this land and thank them for permission to use their land.

### Event Timings

	24 hr Championship Event	8 hr Non Championship Event
Check-in at event admin	9:00 am	10:00 am
Event Briefing ( <b>mandatory</b> )	11:45 am	
Event Start	12 noon Saturday	
Event Finish	12 noon Sunday	8:00 pm Saturday
Sunset and Sunrise Times:	Sunset: 7:30 pm	Sunrise: 6:45 am
Moon Rise and Set Times:	Moonrise: 9:05 pm	Moonset: 7:47 am

### Team Numbers

Team lists will be available on the website on Tuesday before the event. Please note your Team Number and any outstanding money to help you at Admin during check-in.

### Indemnity and Release Form

It is necessary to complete and sign waivers at each event. **This legal release and indemnity form has been enclosed and all competitors are required to sign and hand in to Admin before competing.** Please read this form carefully and be aware that by signing this form, you will not be able to claim for any injury or loss of property occurring as a result of the Rogaine. If you are unsure about this, then please seek legal advice.

### Map

The map is 725 x 540mm, 1:30,000 scale, 10m contours (black), premarked checkpoints, colour printed. Gridlines are aligned to magnetic north and are 1 km apart. The magnetic declination is 11°. Non waterproof paper has been used – contact or map bag will be necessary.

### Safety

The safety vehicle will follow the route marked on the map with a yellow highlight every 2-3 hours.

### Event Cancellation or Recall

In the unlikely event that the rogaine is cancelled before the day, notice will be provided to entrants via the website and email. While an event is in progress, it may be necessary to cancel the event and recall competitors due to severe weather changes, bushfires or floods. In this unlikely occurrence, the safety vehicle will traverse the marked safety route and other routes issuing

---

four short successive car horn blasts, repeated at regular intervals. Rogainers should make their way to the safety route when safe to do so.

## Special Instructions

**Mineshafts:** There are many unfenced and unmarked mineshafts and pits throughout the course – take care.

**Roads and tracks:** There is an extensive road and track network throughout the course; not all tracks are marked on the map and the position of some marked tracks is doubtful. Many vehicles and off road bikes pass through the area. Take care walking the roads and tracks.

**Watercourses:** Some watercourses marked on the map are difficult to identify on the ground. If the check point has a blue line marked on the map, we have called it 'the watercourse'.

**Snakes:** Be aware that snakes may be active at this time of year.

**Out of bounds:** Out of bounds areas are marked in pink. Teams may be disqualified if they enter these areas. The only roads in out of bounds areas teams may use are marked on the map with a white boarder, as shown in the legend. Other roads are not to be used.

**Private land:** Some landowners have generously given permission for us to pass through their land. Please take care of fences – cross at the corner posts, and hinge posts on gates, close gates and keep away from stock.

**Water:** Do not drink water from creeks, watercourses or dams. Use water at the five waterdrops marked on the map. Please bring sufficient water for your personal needs prior to the event.

**Coaching:** There will be a coaching area set up near admin for novice and inexperienced teams between 9:30 am and 11:30 am. Experienced navigators will give advice about course planning and navigational techniques.

## Directions to the Event

### From Melbourne:

Allow approximately 1.7 hours travel time from Melbourne city centre. From Melbourne travel north via the Hume Freeway, M31. North of Seymour take the Goulburn Valley Hwy (M39) exit and travel approximately 22 km towards Nagambie. Turn left at the Heathcote Nagambie Rd (C344) (United Service Station). Travel west approximately 21 km to Graytown. Turn right into Graytown Rushworth Rd (VRA sign) (gravel road) and travel 10 km north. Turn left into Darrochs Rd (VRA sign) and travel 2.7 km to Hash House. Due to Parks Victoria permit restrictions, please park and camp as directed. Parking will be restricted. **All roads on the course are unmade so be careful and drive safely.** Refer to *Melway* map 910 L3.

### From Bendigo

Take the Mclvor Hwy (B280) east to Heathcote. Travel 3 km south of town centre, turning left into Heathcote Nagambie Rd (C344). Travel approximately 28 km towards Graytown, turning left into Graytown Rushworth Rd (VRA sign). Then follow directions from Melbourne.

### From Albury Wodonga

Take the Hume Freeway (M31) south past Benalla to Violet Town. Take the C345 exit towards Murchison and travel west approximately 37 km. Turn left into Goulburn Valley Fwy (M39). Travel south through Nagambie town centre. Turn right at the United Service Station into Heathcote Nagambie Rd (C344). Then follow directions as from Melbourne.

**Please note** this is a Victorian Championship. We would like all competitors to keep out of the Redcastle Graytown State Forest and Heathcote Graytown National Park areas prior to the event. Please enter via Graytown Rushworth Rd from the South, whether travelling from Melbourne, Bendigo or Albury.

## Hash House

Saturday lunch is **NOT provided**. No food is available from the Hash House until 5:30 pm Saturday. Food will be available from 5:30 pm Saturday until approximately 12:30 pm Sunday.

## Car Parking

Please park as directed by parking attendant or parking signs. Parking will be tight due to Parks Victoria permit restrictions. Do not assume you can park anywhere, especially late comers, or you will be asked to move. Teams whose cars remain parked in incorrect locations will be disqualified. Car pooling is highly recommended.

## Camping and other facilities

Bush camping will be available at the Hash House site from Friday evening until Monday. Camping and parking will only be permitted in selected areas due to Parks Victoria permit requirements. Please do not light any fires. No pets allowed. Portable toilets will be provided. Please bring water and food for Friday and for Saturday's breakfast and lunch. Graytown has no accommodation or other services. Nagambie and Heathcote are the nearest towns with accommodation, food and petrol.

## Mandatory Gear

- Compass, Whistle, Headlamp (per person)

- First Aid kit (per team) - should contain 2 linear bandages, sticking plaster and the VRA first aid instruction sheet as a minimum (available from Event Admin if needed).
- Filled water bottle
- Watch (per team)

### Other Gear

Items to bring include: these instructions and completed **Indemnity form**, day pack, waterproof & warm clothing, gaiters, gloves, beanie, pencil, hat, sunscreen, high energy food, a map case (zip lock bag or contact) to protect your map, eating utensils for meals at the Hash House (plate, bowl, mug, cutlery, tea towel), folding chair and table, pens, highlighter pens, scissors, spare warm clothing and camping equipment if you intend to stay overnight.

### Other Important Information

- Do not enter any land shown on the map as out of bounds
- Keep well clear of farm animals and houses
- Do not harm or remove any animals, birds or plants
- All rubbish must be returned to the Hash House for disposal
- Do not bring pets or fire arms, or light fires within the course.

Teams will lose 10 points for each minute or part thereof that they are late back to the hash house after the event finish time.

Teams that are later than 30 minutes back to the hash house will be recorded as not finishing. (DNF)

A reminder of Rules 10 and 15 of the Rules of Rogaining: "Members of a team shall remain within unaided verbal contact of one another at all times whilst on the course. A team shall demonstrate compliance with this requirement to any event official or other team on request." "All team members shall simultaneously approach to within 5 metres of each checkpoint for which points are claimed.". Teams found breaching these rules will be disqualified.

### New to Rogaining?

If you are new to rogaining and would like some assistance to get started, please call one of the contacts listed below before the event. A Rogaine Information Pack and rules of Rogaining can be downloaded from the VRA website (<http://vra.rogaine.asn.au/>).

### Items Available at Event Admin Store

Cross Country Navigation book	\$22.00
First Aid Kit	\$8.00
Contact (per metre) for covering maps	\$1.50
Compasses for hire (\$20 deposit)	\$2.00
Whistles	\$2.00
Rogaining Stickers	Free

Enquiries:

Admin: Kelly Lane 0409 836 621

Course: Derek Morris 0432 270 811

**Finally:** Please remember to bring this instruction sheet, the signed indemnity form, your team number, any money owing, and your vehicle registration number to administration on the day of the event. Enjoy your Rogaining!



## INDEMNITY AND RELEASE

**Note: This is a legal document. You should obtain legal advice before signing if you do not understand its meaning and effect. All Members in a rogaining team must read, and sign this form. Maps will only be given out once ALL members have completed their details and signed.**

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Extreme care must be taken by participants to avoid injuries from falls which can occur at night time. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The Association requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk.

The participant binds him or herself, their executors, administrators, heirs, successors and assigns as follows:

- The participant agrees to discharge and release the Victorian Rogaining Association Inc., its volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation – directly or indirectly – in this event.
- The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the Association or its employees or agents may have been negligent.
- The participant agrees to his or her event results and names being published in newspapers, newsletters and on the VRA website and the occasional photo being published of members enjoying themselves at VRA activities. This is extracted from the VRA Privacy Policy that can be found <http://vra.rogaine.asn.au>

In particular, the participant agrees to indemnify the Association for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the Association, its servants, agents or any owner or occupier of land used in the proceedings.

**Rogaine Event Name:**

**Event Date:** DD/MM/YY

**Team No:**

*I acknowledge the risks of rogaining and agree to participate on the conditions as described above.*

**This section to be completed by all participants 18 years and older**

Entrant's Name:	Signature:	Date:
1.		
2.		
3.		
4.		
5.		

If a parent, guardian or other responsible adult allows or encourages a person under the age of 18 years to participate in the activity, then that adult must be warned that the Association cannot accept any liability for injury or loss caused to the other person.

*I acknowledge the risks of rogaining as described above and agree to indemnify the Association for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.*

**This section to be completed by responsible adult where participant is under 18 years of age**

Junior Name:	Parent/Guardian Name:	Parent/Guardian Signature:	Relationship: (Specify Parent/Guardian etc)	Date:
1.				
2.				
3.				
4.				
5.				