



Victorian
Rogaining
Association
Inc.

The RUSHWORTH RASCAL 6hr Rogaine FINAL INSTRUCTIONS

Sunday 12th November 2017 – 6 hour (10am-4pm)

vra.rogaine.asn.au

Event HH Location

Rushworth P-12 College sports oval, Rushworth, VIC 3612. **Entry from Rushworth-Tatura Road only!**

About Rushworth

The well preserved “Gold and Ironbark” town of Rushworth is nestled amid the world’s largest Box Ironbark forest. Rushworth has retained much of its original character. Its well-preserved main street of heritage buildings, classified by the National Trust, is one of very few in Victoria. Rushworth was established during the Victorian Gold Rush in 1853 and is now a showcase of the state’s early gold rush and timber industry.

The nearby historic Whroo Township, now deserted, was once a thriving village that developed around the base of Victoria’s largest open-cut gold mine at Balaclava Hill.

Event Details

Thank you for entering the RUSHWORTH RASCAL 6hr rogaine. The event will start and finish at the Hash House site on the sports field to the north of the school buildings at **Rushworth P-12 College**.

Rushworth is a small town with long history. The event area is around Rushworth and to the south of the town and the HH location so you will be travelling through some urban and farming environments as well as the lovely bushland in the state forest and state park areas. You might even want to carry a few dollars and plan a course that takes in the café/bakery or a pub for some mid-race refreshments.

Event Timings

	Sunday 6hr Bush Rogaine
Check-in at event admin opens	From 0800
Event Briefing (mandatory)	0945
Event Start	1000
Event Finish	1600 (4pm)

Team Numbers

Team lists will be available on the website on Tuesday before the event. Please note your Team Number and any outstanding money to help you at Admin during check-in.

Indemnity and Release Form

It is necessary to complete and sign waivers at each event. **This legal release and indemnity form is on the final page of the final details and all competitors are required to sign and hand it in to Admin before competing.** Please read this form carefully and be aware that by signing this form, you will not be able to claim for any injury or loss of property occurring as a result of the Rogaine. If you are unsure about this, then please seek legal advice.

Map

The map will be **A3** size **1:30,000 scale**, premarked with Checkpoints, colour printed. The map grid is aligned to **GRID NORTH**. The Grid Magnetic Angle is **11 degrees EAST**. The map will be printed on normal paper (**NOT waterproof**). Teams are not permitted to use any other map. Bring map case, ‘poly’ bag or contact to protect your map.

Safety

The safety vehicle will follow the route marked on the map with a yellow highlight every 2-3 hours.

Event Cancellation or Recall

In the unlikely event that the rogaine is cancelled before the day, notice will be provided to entrants via the website and email. While an event is in progress, it may be necessary to cancel the event and recall competitors due to severe weather changes, bushfires or floods. In this unlikely occurrence, the safety vehicle will traverse the marked safety route and other routes issuing four short successive car horn blasts, repeated at regular intervals. Rogainers should make their way to the safety route when safe to do so.

Fire risk

The current fire risk for the event area is low-moderate.

Special Instructions

There are the usual hazards of rogaining in Victoria including snakes, mineshafts and fire. In addition you will likely be crossing several roads. Some will be busy with fast travelling cars and trucks, and inattentive drivers. Others will be small town roads with driveways and other hazards. **You need to pay attention.** Just because you are taking part in an organised activity, does not mean the organisers made it 100% safe. For farmlands, leave gates as you found them (i.e open or closed), avoid stock and farm houses. Note that there may be other forest users in the vicinity. There will be water at the waterdrops as marked on the map and water at the start/finish. You can also buy drinks in Rushworth.

Directions to the Event

From Melbourne:

Allow approximately 2hours travel time from Melbourne airport. From Melbourne take the Hume Highway M31 NORTH towards Sydney. Just after Seymour veer left onto the Goulburn Valley freeway (M39) towards Shepparton. After 37kms take the C357 exit towards Murchison/Rushworth. After 7kms, turn left onto Bendigo-Murchison Rd/C345/C357. After 2km, at the roundabout, take the 3rd exit onto Watson St/C345. Leave Murchison and travel 19km to Rushworth. Before you get to the main street in Rushworth, turn right onto Rushworth-Tatura Rd/C356. Turn left onto a dirt road after 350m (look for the sign). Follow the dirt road about 200m as it bend right and goes up a steep hill into the car parking area. Note: Do not follow GPS instructions to the school.

From Rushworth

Locate Rushworth-Tatura Rd/C356. Turn left onto a dirt road after 350m (look for the sign). Follow the dirt road about 200m as it bend right and goes up a steep hill into the car parking area. Note: Do not follow GPS instructions to the school.

Entry to the car parking area is along a dirt road. Start/finish, assembly and HH is on the sports oval 200-300m from car parking:



Hash House

Lunch is NOT provided. Main fare for 6hr competitors available from 3.00pm onwards.

Car Parking

Parking in the main parking area is quite tight, so car pooling is highly recommended. Please follow the directions of the parking attendants at the Hash House site. If the car park fills up, overflow will be along the dirt track.

Camping and other facilities

No camping is provided on any night for 6 hour competitors UNLESS they are a volunteer helper for the adventuregaine on the Saturday. Volunteers can camp at either the remote transition or the HH/assembly/start area.

Mandatory Gear

- Whistle
- First Aid kit (per team) - should contain 2 linear bandages, sticking plaster and the VRA first aid instruction sheet as a minimum (available from Event Admin if needed).

Other Gear

Items to bring include: these instructions and completed **Indemnity form**, day pack, waterproof & warm clothing, gaiters, gloves, beanie, watch, pencil, hat, sunscreen, high energy food, and a filled water bottle, a map case (zip lock bag or contact) to protect your map, eating utensils for meals at the Hash House (plate, bowl, mug, cutlery, tea towel), folding chair and table, pens, highlighter pens, scissors, spare warm clothing and camping equipment if you intend to stay overnight.

Other Important Information

- Do not enter any land shown on the map as out of bounds
- Keep well clear of farm animals and houses
- Do not harm or remove any animals, birds or plants
- All rubbish must be returned to the Hash House for disposal
- Do not bring pets or fire arms, or light fires within the course.

Teams will lose 10 points for each minute or part thereof that they are late back to the hash house after the event finish time. Teams that are later than 30 minutes back to the hash house will be recorded as not finishing. (DNF)

A reminder of Rule 10 of the Rules of Rogaining: "Members of a team shall remain within unaided verbal contact of one another at all times whilst on the course. A team shall demonstrate compliance with this requirement to any event official or other team on request." Teams found breaching these rules will be disqualified.

New to Rogaining?

If you are new to rogaining and would like some assistance to get started, please call one of the contacts listed below before the event. A Rogaine Information Pack and rules of Rogaining can be downloaded from the VRA website (<http://vra.rogaine.asn.au/>).

Items Available at Event Admin Store

Cross Country Navigation book	\$22.00
First Aid Kit	\$8.00
Contact (per metre) for covering maps	\$1.50
Compasses for hire (\$20 deposit)	\$2.00
Whistles	\$2.00
Rogaining Stickers	Free

Enquiries:

Admin: Andrew Francis 0421 693 645

Course: Jon Sutcliffe 04 3805 5585

Finally: Please remember to bring this instruction sheet, the signed indemnity form, your team number, any money owing, and your vehicle registration number to administration on the day of the event. Enjoy your Rogaining!



Victorian Rogaining Association Inc.

P.O. Box 30, Collins Street West, Victoria 8007

ABN 66 307 914 547

INDEMNITY AND RELEASE

Note: This is a legal document. You should obtain legal advice before signing if you do not understand its meaning and effect. All Members in a rogaining team must read, and sign this form. Maps will only be given out once ALL members have completed their details and signed.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Extreme care must be taken by participants to avoid injuries from falls which can occur at night time. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The Association requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk.

The participant binds him or herself, their executors, administrators, heirs, successors and assigns as follows:

- The participant agrees to discharge and release the Victorian Rogaining Association Inc., its volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation – directly or indirectly – in this event.
- The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the Association or its employees or agents may have been negligent.
- The participant agrees to his or her event results and names being published in newspapers, newsletters and on the VRA website and the occasional photo being published of members enjoying themselves at VRA activities. This is extracted from the VRA Privacy Policy that can be found <http://vra.rogaine.asn.au>

In particular, the participant agrees to indemnify the Association for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the Association, its servants, agents or any owner or occupier of land used in the proceedings.

Rogaine Event Name:

Event Date: DD/MM/YY

Team No:

I acknowledge the risks of rogaining and agree to participate on the conditions as described above.

This section to be completed by all participants 18 years and older

Entrant's Name:	Signature:	Date:
1.		
2.		
3.		
4.		
5.		

If a parent, guardian or other responsible adult allows or encourages a person under the age of 18 years to participate in the activity, then that adult must be warned that the Association cannot accept any liability for injury or loss caused to the other person.

I acknowledge the risks of rogaining as described above and agree to indemnify the Association for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

This section to be completed by responsible adult where participant is under 18 years of age

Junior Name:	Parent/Guardian Name:	Parent/Guardian Signature:	Relationship: (Specify Parent/Guardian etc)	Date:
1.				
2.				
3.				
4.				
5.				