



Victorian
Rogaining
Association
Inc.

The Chews your own Adventure Rogaine FINAL INSTRUCTIONS

23rd & 24th June 2018 – 2 x 6 hour (10am-4pm)

vra.rogaine.asn.au

Event HH Location

Campbells Creek Recreation Reserve, 37-40 Fryers Road, Campbells Creek, VIC 3451

Event Details

Thank you for entering the Chews your own Adventure Rogaine.

The event will start at the **Campbells Creek Recreation Reserve in Campbells Creek**, on Fryers Road.

This new Hash House location provides a new access point into the Castlemaine Diggings National Heritage Park, having moved from the previous Chewton site.

The area contains extensive remains from historical gold mining that took place in the region. Out on course there is the opportunity to see extensive water races, reservoirs, old mining machinery, tunnels and numerous old mine shafts. The forest is mostly open terrain with minimal undergrowth providing excellent rogaining country.

For those interested in the regions fauna, eagles, wallabies, kangaroos and numerous bird species were observed while out setting and vetting the course.

Event Timings

	Public Event (Sat and Sun)
Check-in at event admin	8:00am
Event Briefing (mandatory)	9:45am
Event Start	10.00am
Event Finish	4.00pm
Sunset and Sunrise Times:	Sunset 5:14pm, Sunrise 7:37am

Team Numbers

Team lists will be available on the website on Tuesday before the event. Please note your Team Number and any outstanding money to help you at Admin during check-in.

Indemnity and Release Form

It is necessary to complete and sign waivers at each event. **This legal release and indemnity form has been enclosed and all competitors are required to sign and hand in to Admin before competing.** Please read this form carefully and be aware that by signing this form, you will not be able to claim for any injury or loss of property occurring as a result of the Rogaine. If you are unsure about this, then please seek legal advice.

Map

The map is A3 size, 1:20,000 scale, 10m contours, premarked with Checkpoints, digital colour. The map grid is aligned to Magnetic North. The map will be printed on standard paper. Some form of waterproof covering is strongly recommended.

Safety

The safety vehicle will follow the route marked on the map with a yellow highlight every 2-3 hours.

Event Cancellation or Recall

In the unlikely event that the rogaine is cancelled before the day, notice will be provided to entrants via the website and email. While an event is in progress, it may be necessary to cancel the event and recall competitors due to severe weather changes, bushfires or floods. In this unlikely occurrence, the safety vehicle will traverse the marked safety route and other routes issuing four short successive car horn blasts, repeated at regular intervals. Rogainers should make their way to the safety route when safe to do so.

Special Instructions

There is significant evidence of gold mining, with some deep shafts and numerous water races in the event area. Some of these water races and creeks have hazardous steep/vertical embankments, please follow these features where necessary and only cross where safe to do so.

Vaughan-Chewton Road runs north to south through the center of the course, it can be a busy road with cars travelling fast, please take care when crossing or walking along the road. If you encounter fences or gates you need to ensure that you are not entering an 'out of bounds' area. Please be quiet when passing houses.

There are numerous beehives scattered throughout the course, no checkpoints have been set near to the hives but please give them a wide berth.

Note that there may be other forest users in the vicinity and vehicles may be traversing the same roads and tracks that you travel. Do not drink water from creeks or watercourses; use the water at the waterdrops as marked on the Map. In the event of fire, make your way to the safety route and head to the HH, if safe to do so.

Directions to the Event

From Melbourne:

Allow approximately 1.75 hours travel time from Melbourne city centre. *Vicroads map reference 59 E3*

From Melbourne take the Calder Highway (M79) towards Castlemaine. Take the Pyrenees Hwy B180 (Castlemaine Exit) and turn left towards Castlemaine. Follow the Pyrenees Hwy (B180) for 12.2km, turn left on the Midland Hwy (A300) and follow for 3.7km. Turn left onto Campbells Creek-Fryers Road at the Rogaining Sign and follow for a further 650m before reaching the Campbells Creek Recreation Reserve.

Hash House

Lunch is NOT provided on either Saturday or Sunday. Some food available at the Hash House from 3:00 pm with the main fare available from 3:30 pm onwards.

Car Parking

Parking is available around the Hash House. Please follow the directions of the parking attendants at the Hash House, particularly if it is wet. Please keep vehicles off the football playing surface and trotting track.

Camping and other facilities

There is some room for camping at the Eastern end of the Hash House site. Please do not camp on the football oval. Water and toilets will be available.

Mandatory Gear

- Compass, Whistle (per person)
- First Aid kit (per team) - should contain 2 linear bandages, sticking plaster and the VRA first aid instruction sheet as a minimum (available from Event Admin if needed).

Other Gear

Items to bring include: these instructions and completed **Indemnity form**, day pack, waterproof & warm clothing, gaiters, gloves, beanie, watch, pencil, hat, sunscreen, high energy food, and a filled water bottle, a map case (zip lock bag or contact) to protect your map, eating utensils for meals at the Hash House (plate, bowl, mug, cutlery, tea towel), folding chair and table, pens, highlighter pens, scissors, spare warm clothing and camping equipment if you intend to stay overnight.

Other Important Information

- Do not enter any land shown on the map as out of bounds
- Keep well clear of farm animals and houses
- Do not harm or remove any animals, birds or plants
- All rubbish must be returned to the Hash House for disposal
- Do not bring pets or fire arms, or light fires within the course.

Teams will lose 10 points for each minute or part thereof that they are late back to the hash house after the event finish time.

Teams that are later than 30 minutes back to the hash house will be recorded as not finishing. (DNF)

A reminder of Rules 10 and 15 of the Rules of Rogaining: "Members of a team shall remain within unaided verbal contact of one another at all times whilst on the course. A team shall demonstrate compliance with this requirement to any event official or other team on request." "All team members shall simultaneously approach to within 5 metres of each checkpoint for which points are claimed.". Teams found breaching these rules will be disqualified.

New to Rogaining?

If you are new to rogaining and would like some assistance to get started, please call one of the contacts listed below before the event. A Rogaine Information Pack and rules of Rogaining can be downloaded from the VRA website (<http://vra.rogaine.asn.au/>).

Items Available at Event Admin Store

Cross Country Navigation book	\$22.00
First Aid Kit	\$8.00
Contact (per metre) for covering maps	\$1.50
Compasses for hire (\$20 deposit)	\$2.00
Whistles	\$2.00
Rogaining Stickers	Free

Enquiries:

Admin Saturday: Paula Horton 0437 894 642

Admin Sunday: Karen Dukes 0411 020 111

Course: Sarah Goyen 0430 163 744

Finally: Please remember to bring this instruction sheet, the signed indemnity form, your team number, any money owing, and your vehicle registration number to administration on the day of the event. Enjoy your Rogaining!



Victorian Rogaining Association Inc.

P.O. Box 30, Collins Street West, Victoria 8007

ABN 66 307 914 547

INDEMNITY AND RELEASE

Note: This is a legal document. You should obtain legal advice before signing if you do not understand its meaning and effect. All Members in a rogaining team must read, and sign this form. Maps will only be given out once ALL members have completed their details and signed.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Extreme care must be taken by participants to avoid injuries from falls which can occur at night time. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The Association requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk.

The participant binds him or herself, their executors, administrators, heirs, successors and assigns as follows:

- The participant agrees to discharge and release the Victorian Rogaining Association Inc., its volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation – directly or indirectly – in this event.
- The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the Association or its employees or agents may have been negligent.
- The participant agrees to his or her event results and names being published in newspapers, newsletters and on the VRA website and the occasional photo being published of members enjoying themselves at VRA activities. This is extracted from the VRA Privacy Policy that can be found <http://vra.rogaing.asn.au>

In particular, the participant agrees to indemnify the Association for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the Association, its servants, agents or any owner or occupier of land used in the proceedings.

Rogaine Event Name: June 2018 2x 6hr

Event Date: Sat 23rd /Sun 24th

Team No:

I acknowledge the risks of rogaining and agree to participate on the conditions as described above.

This section to be completed by all participants 18 years and older

Entrant's Name:	Signature:	Date:
1.		
2.		
3.		
4.		
5.		

If a parent, guardian or other responsible adult allows or encourages a person under the age of 18 years to participate in the activity, then that adult must be warned that the Association cannot accept any liability for injury or loss caused to the other person.

I acknowledge the risks of rogaining as described above and agree to indemnify the Association for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

This section to be completed by responsible adult where participant is under 18 years of age

Junior Name:	Parent/Guardian Name:	Parent/Guardian Signature:	Relationship: (Specify Parent/Guardian etc)	Date:
1.				
2.				
3.				
4.				
5.				