



Victorian
Rogaining
Association
Inc.

The CBDgaine FINAL INSTRUCTIONS

Sunday 12th February 2017 – 4 hour (10am-2pm)

Payment Details:

Please check the website for your team number and any money owed / payment received.

www.vic.rogaining.com.au

Event HH Location

Eastern Reserve, Park Street South Melbourne (Park is bounded by Park street, Eastern Road and Heather Streets South Melbourne – see map below).

Please keep the paths within the park free at all times and ensure you share the park with other users.

Limited toilets are located at the reserve. We recommend usage of the toilets at Stations prior to heading to the park. Plenty of toilets are available on course (including Royal Botanical Gardens, Albert Park and CBD).

Event Details

The event will take in the CBD, Docklands, South Melbourne and surrounding inner city suburbs. The high density of checkpoints will make for fast scoring and ample route choice for families and those trying to clear the course. The course has been designed to take you to areas of the city that you either haven't visited before or rarely venture too. All 100 pointers will be located in family friendly locations such as parks and playgrounds. Points of interest such as lovely views, iconic laneways etc have been heavily weighted. The course although relatively flat will require you to cross numerous busy roads.

Caution must be taken when crossing all roads and **road rules adhered too at all times**. All forms of public transport are allowed to be used during the event adding to the complexity of the course – should you only travel by foot, or use public transport to travel between higher density or higher scoring areas. **Only** foot and public transport is allowed; use of cars, bikes, scooters, skateboards, Melbourne bikes, pogo sticks, unicycles, hover boards, etc. **will result in disqualification** (exceptions for smaller children).

Care has been taken to update the Melways maps where possible, however roadworks, changes to streets and walkways are always occurring and the map may not accurately reflect what you see.

Event Timings

	Public Event Sun 12 Feb
Check-in at event admin	8:30am
Event Briefing (mandatory)	9:45am
Event Start	10:00am
Event Finish	2:00pm

Team Numbers

Team lists will be available on the website on Wednesday before the event. Please note your Team Number and any outstanding money to help you at Admin during check-in.

Map

The map is A2 size, 1:10,000 scale, premarked with Checkpoints. The map grid is aligned to Magnetic North and is based on the standard Melways map. Additional laneways and walkthroughs do exist on the map and competitors must take care especially in the CBD. There is limited mapped detail in the Royal Botanic Gardens and other parks so again be careful.

Questions and Answers

All questions are designed to test you have been to the location, we have not tried to trick you and every effort has been made so that all answers should be obvious if you are in the right location. The city however is an ever changing place and despite best efforts at least one question answer changed between setting and vetting (only one week). In the event you can't work out an answer please talk to us at the end. Finally a number of people work in the city and may know the answer to some questions, **we ask that you only answer questions that you have visited** to make it fair for all teams. Any team found to be answering questions they didn't visit may be disqualified.

Indemnity and Release Form

It is necessary to complete and sign waivers at each event. **This legal release and indemnity form is below and all competitors are required to sign and hand in to Admin before competing.** Please read this form carefully and be aware that by signing this form, you will not be able to claim for any injury or loss of property occurring as a result of the Rogaine. If you are unsure about this, then please seek legal advice.

Safety

In an emergency call 000 for non emergencies please call Rebecca on 0431 652 786.

Event Cancellation or Recall

In the unlikely event that the rogaine is cancelled before the day, notice will be provided to entrants via the website and email.

Special Instructions

The city is busy, care must be taken when crossing all streets and pedestrian crossings should be used where possible. All participants must obey road rules. Care should also be taken when embarking and disembarking from public transport. Although parts of the course are located within the free tram zone, the course (including the hash house) extends beyond the free zone and you should ensure you have a valid ticket when travelling on public transport at all times. Please be respectful and courteous of all others users of the City, otherwise future events / permits may not be possible.

Directions to the Event

The Hash House is located at Eastern Reserve, South Melbourne and is serviced by a range of tram routes, Tram Route 1 runs past the House House (See transport section below for further details). Public Transport or bikes is the recommended way to get to the Hash House.

Hash House

Food is NOT provided. Food and Drinks will be available on course at various, shops, cafes and supermarkets, no food is provided for this event.

Transport to Event

Parking around the Hash House is limited and transport to the event by public transport or bike is recommended. Paid parking is available in the surrounding streets, just be sure to check time limits and restrictions. It is easiest accessed from either Route 1 (stop 23), Park Street/King Street Stop 118 (numerous trams) and Route 12 (Stop 129). The park can also be accessed via a 600m walk from the St Kilda road trams (Domain Interchange)

Toilets

Limited toilets are available at Eastern Reserve.

Mandatory Gear

- First Aid kit (per team) - should contain 2 linear bandages and sticking plaster as a minimum

Other Gear

Items to bring include: these instructions and completed **Indemnity form**, day pack, waterproof & warm clothing, watch, pencil, hat, sunscreen, high energy food, and a filled water bottle, a map case (zip lock bag or contact) to protect your map, pens, highlighter pens, scissors and a smile.

Other Important Information

- Do not block pathways and keep intersections clear
- Obey road rules and use pedestrian crossings at all times
- Do not enter any land shown on the map as out of bounds
- Keep clear of private property
- There will be no shop operating at the HH, (ie no contact, compasses for sale)

Teams will lose 30 points for each minute or part thereof that they are late back to the hash house after the event finish time. Teams that are later than 30 minutes back to the hash house will be recorded as not finishing. (DNF)

A reminder of Rules 10 and 15 of the Rules of Rogaining: "Members of a team shall remain within unaided verbal contact of one another at all times whilst on the course. A team shall demonstrate compliance with this requirement to any event official or other team on request." "All team members shall simultaneously approach to within 5 metres of each checkpoint for which points are claimed.". Teams found breaching these rules will be disqualified.

New to Rogaining?

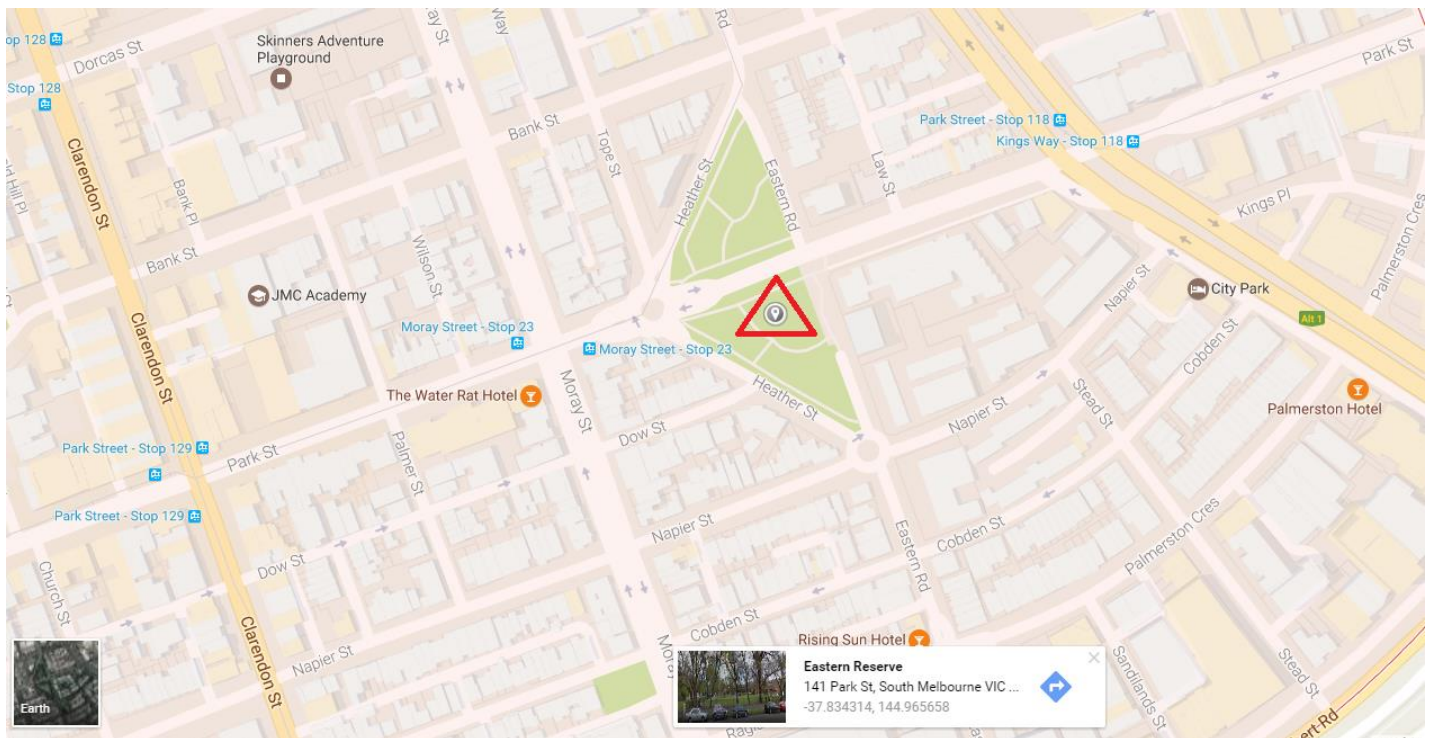
If you are new to rogaining and would like some assistance to get started, please call one of the contacts listed below before the event. A Rogaine Information Pack and rules of Rogaining can be downloaded from the VRA website (<http://vra.rogaine.asn.au/>).

Enquiries

Admin: Scott Gavens 0400 513 082

Course: Rebecca Shaw 0431 652 786

Finally: Please remember to bring this instruction sheet, the signed indemnity form, your team number, any money owing, and your vehicle registration number to administration on the day of the event. Enjoy your Rogaining!





Victorian Rogaining Association Inc.

P.O. Box 30, Collins Street West, Victoria 8007
ABN 66 307 914 547

INDEMNITY AND RELEASE

Note: This is a legal document. You should obtain legal advice before signing if you do not understand its meaning and effect. All Members in a rogaining team must read, and sign this form. Maps will only be given out once ALL members have completed their details and signed.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Extreme care must be taken by participants to avoid injuries from falls which can occur at night time. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The Association requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk.

The participant binds him or herself, their executors, administrators, heirs, successors and assigns as follows:

- The participant agrees to discharge and release the Victorian Rogaining Association Inc., its volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation – directly or indirectly – in this event.
- The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the Association or its employees or agents may have been negligent.
- The participant agrees to his or her event results and names being published in newspapers, newsletters and on the VRA website and the occasional photo being published of members enjoying themselves at VRA activities. This is extracted from the VRA Privacy Policy that can be found <http://vra.rogaine.asn.au>

In particular, the participant agrees to indemnify the Association for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the Association, its servants, agents or any owner or occupier of land used in the proceedings.

Rogaine Event Name: CBD Gaine

Event Date: 12/Feb 2017

Team No:

I acknowledge the risks of rogaining and agree to participate on the conditions as described above.

This section to be completed by all participants 18 years and older

Entrant's Name:	Signature:	Date:
1.		
2.		
3.		
4.		
5.		

If a parent, guardian or other responsible adult allows or encourages a person under the age of 18 years to participate in the activity, then that adult must be warned that the Association cannot accept any liability for injury or loss caused to the other person.

I acknowledge the risks of rogaining as described above and agree to indemnify the Association for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

This section to be completed by responsible adult where participant is under 18 years of age

Junior Name:	Parent/Guardian Name:	Parent/Guardian Signature:	Relationship: (Specify Parent/Guardian etc)	Date:
1.				
2.				
3.				
4.				
5.				