



Victorian
Rogaining
Association
Inc.

The Killa-Warby 24 & 6hr Rogaine & 44th Victorian 24hr Rogaining Championships

FINAL INSTRUCTIONS

Commencing Saturday 12th October at 12 Midday

vra.rogaine.asn.au

Event HH Location

The Hash House is located at the Intersection of Camp Road and Boweya Road, Killawarra. (Google 620 Boweya Road Killawarra)

Lat Long Coordinates: -36.240096, 146.189812

Event Details

Thank you for entering the Killa-Warby Rogaine.

The 2019 Nigel Aylott Memorial Victorian Rogaining Championships and an accompanying six-hour event will be held in the Killawarra Forest and Warby Ranges near Wangaratta on Oct 12 and 13. Nigel Aylott was a world championship winner, Victorian Rogainer, Victorian Committee member for 15 years and a dedicated volunteer. Nigel died in an adventure racing accident in North America in 2004 at age 38.

Competitors will be presented with a variety of rogaining challenges. There are strong contours, and some steep terrain, on the boundaries of the Warby Ranges in both the east and west. On the other hand, competitors will also need to be able to navigate in the more subtle country of the Killawarra Forest and the central part of the Warby Plateau. The country is mostly open, with good visibility, but there are occasional thicker patches of scrub. There is water in a number of the creeks and competitors can expect to be walking through a beautiful carpet of spring flowers throughout.

The Hash-House will be on the edge of the flatter Killawarra Forest and six-hour competitors will have the option of spending the majority of their time in this less hilly part of the course. On the other hand, they will also have the option of visiting the beautiful northern section of the Warbys. Competitive twenty-four hour teams will have no option but to travel further south in the Warbys, where there will be an all-night café to provide sustenance. A simple menu of soup, cheese toasties and sausage in bread will be available there from 6pm to 6am.

Event Timings

	Event Time Schedule
Check-in at event admin	From 9am for both events
Event Briefing (mandatory)	11:45
Event Start	12:00 Midday
6hr Event Finish	6:00 pm
Sunset Time:	7:27 pm
Moon rise Time:	5:51 pm
Sunrise Time:	6:33 am (Sun)
Moon Set Times:	6:20 am (Sun)
24hr Event Finish	12:00 Midday (Sun)

Team Numbers

Team lists will be available on the website on Tuesday before the event. Please note your Team Number and any outstanding money to help you at Admin during check-in.

Indemnity and Release Form

It is necessary to complete and sign waivers at each event. **This legal release and indemnity form has been enclosed and all competitors are required to sign and hand in to Admin before competing.** Please read this form carefully and be aware that by signing this form, you will not be able to claim for any injury or loss of property occurring as a result of the Rogaine. If you are unsure about this, then please seek legal advice.

Ambulance Membership and Personal Accident Insurance Cover.

Participants are strongly recommended to have ambulance cover. In the case of serious injury or illness the organisers reserve the right to call an ambulance. The person transported and/or treated shall be responsible for the full cost.

Personal accident insurance cover is also strongly recommended.

Map

The course is relatively long north to south compared to its width east to west. For this reason, the twenty-four hour map is printed double-sided with some overlap so that there will be no necessity to 'navigate across the fold'. Six hour competitors will be given just the northern half of the course.

The map page size is 486mm x 470mm printed at 1:25,000 scale printed on standard non waterproof paper in colour with pre-marked checkpoints. The map grid is aligned to Grid North with a Grid Magnetic Angle of 11.5 degrees.

Safety

The safety vehicle will follow the route marked on the map with a yellow highlight every 3-4 hours.

Biosecurity in Rogaining

The VRA has implemented biosecurity arrangements to ensure we do not accidentally spread diseases and are compliant with new agriculture practices. For this event we will be using boot baths.. **There will be a mandatory boot bath when you check in at admin, where you must disinfect the footwear you will be wearing during the event. There will also be a mandatory boot bath at admin after you finish punch at the end of the event.** Furthermore, we ask you to clean your gear before you come to the event and after when you get home. Refer to Biosecurity in Rogaining at www.vra.rogaine.asn.au. Pets are strictly forbidden at all Rogaines.

For this event in particular, complying with biosecurity measures is a condition of being given access to the land, which makes it doubly-important for competitors to observe them.

Event Cancellation or Recall

In the unlikely event that the rogaine is cancelled before the day, notice will be provided to entrants via the website and email. While an event is in progress, it may be necessary to cancel the event and recall competitors due to severe weather changes, bushfires or floods. In this unlikely occurrence, the safety vehicle will traverse the marked safety route and other routes issuing four short successive car horn blasts, repeated at regular intervals. Rogainers should make their way to the safety route when safe to do so.

Special Instructions

Hazards to be aware of

- **Snakes** could be active. We recommend that competitors wear gaiters or other lower leg protection. This will also help protect against low-level scratchy vegetation.
- **Water** in creeks, watercourses and dams. It is not drinkable. Please bring sufficient water for your personal needs prior to event. Use the waterdrops provided during the event.
- There are two sealed roads crossing the course and all roads are traversed by other vehicles. Take care at all times.

Out of bounds areas are marked in light pink. Teams must not enter these areas. Teams are able to walk along roads that are marked with white on either side as shown in the legend. Teams must not use other roads in out of bounds areas.

Private Land

Some landowners have generously given us permission to pass through their land. Please take care of

- Fences – cross at corner posts and hinge posts on gates
- Close all gates
- Avoid grazing stock

Care of the course

- **Competitors must take their gel wraps and other rubbish with them.** Please do not leave any rubbish in fruit drop boxes: leave peel.
- **There is no smoking on the course or at the Hash House**

Mobile phone coverage on Telstra is patchy across the course and at the Hash House. Optus has less coverage. Be advised to use Text Messages if you need to communicate with the Emergency phone number on the map.

Check in and check out over night

For 24hr teams returning to the Hash House or departing we request you 'Check in' by punching the 'Check in' punch and depart by punching the 'depart' punch. From approximately 8pm the Admin tent will be closed and the 'Check in' and 'Depart' punches will be at catering. There will also be a container to place your tags in if not planning to depart. Please make a note in the clip board for Admin in the morning.

Directions to the Event

From Melbourne:

Allow approximately three hours travel time from Melbourne city centre.

The Hash-House is in a paddock on the property of John and Margaret McDiarmuid; Boweya Road, Killawarra.

Proceed along the Hume Highway to Wangaratta. Take the turn off into Wangaratta and follow the main road into the town centre. Turn left at the Murphy St/ Reid St intersection and follow the signs towards Yarrowonga. After 13.7 km, turn left onto Boweya Road.

The turn off into the Hash-House is a further 5.7 km on the right, at a place where the road bends left. It will be signposted both 200 metres before and at this point. Competitors should take care here. Visibility at the turn-off is not particularly good. Similar signage will be placed for competitors approaching the Hash-House site along Boweya Rd from the west.

Hash House

Lunch is NOT provided. Some food available at the Hash House from 4.00 pm with the main fare available from 5:30 pm onwards.

Car Parking

The Hash House and parking is in a farm paddock and there should be ample space. However, we suggest that competitors think about doing the environmentally right thing and plan car pooling. Please follow the directions of the parking attendants at the Hash House site, particularly if it is wet.

Camping and other facilities

Bush camping is available at the Hash House site. Water and "Porta-Loo" style portable toilets will be provided.

Mandatory Gear

- Compass, Whistle (per person)
- Headlamp/torch (per person) for 24hr teams.
- Mobile phone (one per team)
- First Aid kit (per team) - should contain 2 linear bandages, sticking plaster and the VRA first aid instruction sheet as a minimum (available from Event Admin if needed).
- **Please present all this gear for inspection when you check in at admin**

Other Gear

Items to bring include: these instructions and completed **Indemnity form**, day pack, waterproof & warm clothing, gaiters, gloves, beanie, watch, pencil, hat, sunscreen, high energy food, and a filled water bottle, a map case (zip lock bag or contact) to protect your map, eating utensils for meals at the Hash House (plate, bowl, mug, cutlery, tea towel), folding chair and table, pens, highlighter pens, scissors, spare warm clothing and camping equipment if you intend to stay overnight.

Other Important Information

- Do not enter any land shown on the map as out of bounds
- Keep well clear of farm animals and houses
- Do not harm or remove any animals, birds or plants
- All rubbish must be returned to the Hash House for disposal
- Do not bring pets or fire arms, or light fires within the course.

Teams will lose 10 points for each minute or part thereof that they are late back to the hash house after the event finish time.

Teams that are later than 30 minutes back to the hash house will be recorded as not finishing. (DNF)

A reminder of Rules 10 and 15 of the Rules of Rogaining: "Members of a team shall remain within unaided verbal contact of one another at all times whilst on the course. A team shall demonstrate compliance with this requirement to any event official or other team on request." "All team members shall simultaneously approach to within 5 metres of each checkpoint for which points are claimed.". Teams found breaching these rules will be disqualified.

New to Rogaining?

If you are new to rogaining and would like some assistance to get started, please call one of the contacts listed below before the event. A Rogaine Information Pack and rules of Rogaining can be downloaded from the VRA website (<https://vra.rogaine.asn.au/>).

Items Available at Event Admin Store

Cross Country Navigation book	\$22.00
First Aid Kit	\$8.00
Contact (per metre) for covering maps	\$1.50
Compasses for hire (\$20 deposit)	\$2.00
Whistles	\$2.00
Rogaining Stickers	Free

Enquiries:

Admin: Ian Jay 0450 518 756

Course: Peter Taylor 0407 839 327

Finally: Please remember to bring this instruction sheet, the signed indemnity form, your team number, any money owing, and your vehicle registration number to administration on the day of the event. Enjoy your Rogaining!



Victorian Rogaining Association Inc.

P.O. Box 30, Collins Street West, Victoria 8007

ABN 66 307 914 547

INDEMNITY AND RELEASE

Note: This is a legal document. You should obtain legal advice before signing if you do not understand its meaning and effect. All Members in a rogaining team must read, and sign this form. Maps will only be given out once ALL members have completed their details and signed.

Rogaining is an activity which can involve risk of personal injury or property damage. While it is acknowledged as a challenging activity, the risks ought not be discounted particularly navigating through potential dangers in a bush setting in daylight or darkness. Extreme care must be taken by participants to avoid injuries from falls which can occur particularly at night time. Other, but less obvious, risks will occur because of the nature and type of terrain through which the activities are conducted. The Association requires all participants to carry equipment such as suitable clothing, food, torches, compasses, water, first aid kit and any other allowed devices which will limit the inherent risks in the activity. Ambulance membership and personal accident insurance are strongly recommended.

By participating in the activity, each participant acknowledges that the sport of Rogaining involves considerable risk and agrees that by entering this rogaine they do so at their own risk.

The participant binds him or herself, their executors, administrators, heirs, successors and assigns as follows:

- The participant agrees to discharge and release the Victorian Rogaining Association Inc., its volunteers, the owners and occupiers of land used in the event, event sponsors and producers, community organisations, State Federal and Local Authorities in which the event may be held and their (its) representatives from all liability for death, disability, personal injury, damage to property, theft, and all foreseeable risks, claims or actions of any kind, howsoever caused, resulting from their participation – directly or indirectly – in this event.
- The participant agrees to further indemnify and hold harmless all entities and persons mentioned in the above clause (a) above from all liabilities, claims or action, as mentioned above, irrespective of whether the Association or its employees or agents may have been negligent.
- The participant agrees to his or her event results and names being published in newspapers, newsletters and on the VRA website and the occasional photo being published of members enjoying themselves at VRA activities. This is extracted from the VRA Privacy Policy that can be found <http://vra.rogaine.asn.au>
- The participant agrees to meet the full cost of any ambulance called for the benefit of the participant.

In particular, the participant agrees to indemnify the Association for any loss or damage arising from participating in the event and agrees that this indemnity may be pleaded as a complete defence to any legal proceedings or any right the participant may claim against the Association, its servants, agents or any owner or occupier of land used in the proceedings.

Rogaine Event Name: Killa-Warby Rogaine

Event Date: 12/10/2019 DD/MM/YY

Team No:

I acknowledge the risks of rogaining and agree to participate on the conditions as described above.

This section to be completed by all participants 18 years and older

Entrant's Name:	Signature:	Date:
1.		
2.		
3.		
4.		
5.		

If a parent, guardian or other responsible adult allows or encourages a person under the age of 18 years to participate in the activity, then that adult must be warned that the Association cannot accept any liability for injury or loss caused to the other person.

I acknowledge the risks of rogaining as described above and agree to indemnify the Association for any injury or loss arising from the abovenamed minor(s) participating, and agree that by signing this indemnity or by permitting the minor to participate, I will accept complete responsibility for any injury or loss caused.

This section to be completed by responsible adult where participant is under 18 years of age

Junior Name:	Parent/Guardian Name:	Parent/Guardian Signature:	Relationship: (Specify Parent/Guardian etc)	Date:
1.				
2.				
3.				
4.				
5.				